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| **Plan for suitable and progressive lesson** | **Risk assessment** | **Riders and volunteers welcomed/ briefed** |
| **Equines and tack fit for job** | **Safe and effective mounting and dismounting** | **Preparation and communication** |
| **Medical conditions and contra-indications** | **Involvement and progression for all** | **Listens/questions to engage and develop riders** |
| **Positive behaviour and language** | **Feedback provided to riders** | **Position and posture** |
| **Use of aids** | **Equine interactions** |  |