

Coach Certificate Pathway for Riding



Coach in training would like to become a qualified coach and deliver sessions without supervision.

Coach in training completes (unless exempt through holding external qualifications): **Therapy and Medical** (which should be delivered in conjunction with Regional/County Physio/Coach) **Horse Care + Knowledge** (delivered by Group Coach or above, Regional Vet or Regional Equine Advisor) **Coaching** (delivered by Group Coach or above).
Dates can be found on MyRDA events or contact your Regional Coach to arrange.

The Coach in training completes suitable safeguarding training (available on events page of myrda.org.uk or contact Regional Coach for Regional Training) and the Pre-Assessment checklist on the RDA e-learning portal.

If modules are completed face-to-face, they must be signed off by the trainer in the coach's passport.
If the modules are completed via Zoom the coach in training will receive a certificate from the trainer to be kept in their passport and shown at assessment.

Coaches in training who wish to be assessed to take sessions within their home group only (**Group Coach**) need to have gained experience coaching within their own group with a qualified coach mentor.

Coaches in training who wish to be assessed to take sessions in any group (**Coach**) must coach under supervision at two additional groups to their home group, which will be signed off in their passport by the supervising coach prior to coming forward for assessment away from their home venue.

The Coach in training must confirm with the group where they have spent most of their training that they are ready to go forward to assessment. The Group must then contact their Regional Coach to arrange assessment with an available assessor (County/Regional Coach or Coach Developer). The assessment will be discussed on the phone to ensure the coach is prepared and all modules have been completed.

Coach in training is assessed by an assessor (County/Regional Coach or Coach Developer). Their passport is checked for evidence of completion of modules and compliant elements as well as any external coaching, done under supervision.

For **Group Coach** level the assessment comprises of **EITHER** a group **OR** individual session - whichever best reflects their coaching practice -**AND** an equine assessment.

They must be at the level required (competent) in all essential and 3 of the desirable skill criteria in order to successfully achieve Group Coach Certificate level, otherwise a further assessment will take place.

For **Coach** level the assessment will comprise of an individual session **PLUS** a group session **AND** an equine assessment, which must take place away from their home venue. The Group Coach must achieve proficient in any four skill criteria in both the coaching assessments and the equine assessment. They must be at the level required (competent) in all other essential and desirable skill criteria in order to successfully achieve Coach Certificate level, otherwise a further assessment may take place.

Assessor sends National Office one completed coach assessment form with details of the outcome.

National Office sends the coach their Group Coach or Coach Certificate and updates the database.

The coach is now able to coach unsupervised and take sole responsibility for RDA sessions.

Key – Activity led by

Coach in Training

Group

Regional/County
Coach or Assessor

National Office