

RDA COACH DEVELOPMENT FORM



COACH NAME: _____

GROUP: _____

DATE: _____

Passport seen and up to date: Y/N

Safeguarding Certificate seen: Y/N

Expiry Date: _____

PRE-VISIT NOTES:

BRIEFING NOTES:

OBSERVATION/EVIDENCE

Essential

Desirable

Capability ¹	A	C	P	Evidence (MUST be included where action required)
Pre Session Checks				
Plan for a suitable and progressive session	A	C	P	
Risk assessment	A	C	P	
Riders and volunteers welcomed / briefed	A	C	P	
Equines and tack fit for the job	A	C	P	
Mounting and Dismounting				
Safe and effective mounting and dismounting	A	C	P	
Knowledge & Rapport with Riders				
Preparation and communication	A	C	P	
Medical conditions and contra-indications	A	C	P	
Involvement and progression for all	A	C	P	
Coaching Skills				
Listens / questions to engage & develop riders	A	C	P	
Positive behaviour and language	A	C	P	
Feedback provided to riders	A	C	P	
Technical Instruction				
Position and posture	A	C	P	
Use of aids	A	C	P	
Equine interaction	A	C	P	

¹ A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard (see accompanying capability table for details)

All of the essential capabilities must be met along with at least 3 of the 5 desirable capabilities for Group Coaches.

All capabilities must be met with at least four Proficient capabilities anywhere for Coaches.

Take a photo of this form once completed and send to the coach and RDA National Office.

NOTES FROM POST-OBSERVATION DISCUSSION			
COACH REFLECTIONS			
DISCUSSION AND FEEDBACK From Coach Developer			
AGREED DEVELOPMENT PLAN			
GOAL	WHAT I NEED TO DO	SUPPORT I NEED	TARGET DATE

This review is evidence that the coach REMAINS / IS NOT at the standard required to coach within RDA Group sessions, in line with their qualification.

Signature of Reviewer: _____

Name of Reviewer: _____

Signature of Coach: _____

Date: _____