**RDA COACH REVIEW FORM**

**COACH NAME:**

 **GROUP: DATE:**

**Passport seen and up to date: Y/N
Safeguarding Certificate seen: Y/N Expiry Date:**

**PRE-VISIT NOTES:**

**BRIEFING NOTES:**

**OBSERVATION/EVIDENCE** Essential Desirable

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Capability [[1]](#footnote-1)** | **A** | **C** | **P** | **Evidence (MUST be included where action required)** |
| **Pre Session Checks** |
| Plan for a suitable and progressive session | **A** | **C** | **P** |   |
| Risk assessment | **A** | **C** | **P** |   |
| Riders and volunteers welcomed / briefed | **A** | **C** | **P** |   |
| Equines and tack fit for the job | **A** | **C** | **P** |   |
| **Mounting and Dismounting** |
| Safe and effective mounting and dismounting | **A** | **C** | **P** |   |
| **Knowledge & Rapport with Riders**  |
| Preparation and communication | **A** | **C** | **P** |   |
| Medical conditions and contra-indications | **A** | **C** | **P** |   |
| Involvement and progression for all | **A** | **C** | **P** |   |
| **Coaching Skills** |
| Listens / questions to engage & develop riders | **A** | **C** | **P** |   |
| Positive behaviour and language | **A** | **C** | **P** |   |
| Feedback provided to riders | **A** | **C** | **P** |   |
| **Technical Instruction** |
| Position and posture | **A** | **C** | **P** |   |
| Use of aids  | **A** | **C** | **P** |   |
| Equine interaction | **A** | **C** | **P** |   |

 A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard
(see accompanying capability table for details)

All of the essential capabilities must be met along with at least 3 of the 5 desirable capabilities for Group Coaches.

All capabilities must be met with at least four Proficient capabilities anywhere for Coaches.

**Take a photo of this form once completed and send to the coach and RDA National Office.**

|  |
| --- |
| **NOTES FROM POST-OBSERVATION DISCUSSION** |
| **COACH REFLECTIONS**  |  |
| **DISCUSSION AND FEEDBACK****From Coach Developer** |  |
| **AGREED DEVELOPMENT PLAN** |
| **GOAL** | **WHAT I NEED TO DO** | **SUPPORT I NEED** | **TARGET DATE** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

This review is evidence that the coach REMAINS / IS NOT at the standard required to coach within RDA Group sessions, in line with their qualification.

**Signature of Reviewer: Name of Reviewer:**

**Signature of Coach: Date:**

1. [↑](#footnote-ref-1)