**RDA COACH REVIEW FORM**

**COACH NAME:**

**GROUP: DATE:**

**Passport seen and up to date: Y/N  
Safeguarding Certificate seen: Y/N Expiry Date:**

**PRE-VISIT NOTES:**

**BRIEFING NOTES:**

**OBSERVATION/EVIDENCE** Essential Desirable

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Capability [[1]](#footnote-1)** | | **A** | | **C** | | **P** | **Evidence (MUST be included where action required)** | |
| **Pre Session Checks** | | | | | | | | |
| Plan for a suitable and progressive session | **A** | | **C** | | **P** | |  | |
| Risk assessment | **A** | | **C** | | **P** | |  | |
| Riders and volunteers welcomed / briefed | **A** | | **C** | | **P** | |  | |
| Equines and tack fit for the job | **A** | | **C** | | **P** | |  | |
| **Mounting and Dismounting** | | | | | | | | |
| Safe and effective mounting and dismounting | | **A** | | **C** | | **P** |  | |
| **Knowledge & Rapport with Riders** | | | | | | | | |
| Preparation and communication | **A** | | | **C** | | **P** |  | |
| Medical conditions and contra-indications | **A** | | | **C** | | **P** |  | |
| Involvement and progression for all | **A** | | | **C** | | **P** |  | |
| **Coaching Skills** | | | | | | | | |
| Listens / questions to engage & develop riders | **A** | | | **C** | | **P** | |  |
| Positive behaviour and language | **A** | | | **C** | | **P** | |  |
| Feedback provided to riders | **A** | | | **C** | | **P** | |  |
| **Technical Instruction** | | | | | | | | |
| Position and posture | **A** | | | **C** | | **P** |  | |
| Use of aids | **A** | | | **C** | | **P** |  | |
| Equine interaction | **A** | | | **C** | | **P** |  | |

A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard   
(see accompanying capability table for details)

All of the essential capabilities must be met along with at least 3 of the 5 desirable capabilities for Group Coaches.

All capabilities must be met with at least four Proficient capabilities anywhere for Coaches.

**Take a photo of this form once completed and send to the coach and RDA National Office.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **NOTES FROM POST-OBSERVATION DISCUSSION** | | | | |
| **COACH REFLECTIONS** |  | | | |
| **DISCUSSION AND FEEDBACK**  **From Coach Developer** |  | | | |
| **AGREED DEVELOPMENT PLAN** | | | | |
| **GOAL** | | **WHAT I NEED TO DO** | **SUPPORT I NEED** | **TARGET DATE** |
|  | |  |  |  |
|  | |  |  |  |
|  | |  |  |  |

This review is evidence that the coach REMAINS / IS NOT at the standard required to coach within RDA Group sessions, in line with their qualification.

**Signature of Reviewer: Name of Reviewer:**

**Signature of Coach: Date:**

1. [↑](#footnote-ref-1)