

# RDA COACH REVIEW FORM



COACH NAME: \_\_\_\_\_

GROUP: \_\_\_\_\_

DATE: \_\_\_\_\_

Passport seen and up to date: Y/N

Safeguarding Certificate seen: Y/N

Expiry Date: \_\_\_\_\_

PRE-VISIT NOTES:

BRIEFING NOTES:

## OBSERVATION/EVIDENCE

Essential



Desirable



Capability <sup>1</sup>	A	C	P	Evidence (MUST be included where action required)
<b>Pre Session Checks</b>				
Plan for a suitable and progressive session	A	C	P	
Risk assessment	A	C	P	
Riders and volunteers welcomed / briefed	A	C	P	
Equines and tack fit for the job	A	C	P	
<b>Mounting and Dismounting</b>				
Safe and effective mounting and dismounting	A	C	P	
<b>Knowledge &amp; Rapport with Riders</b>				
Preparation and communication	A	C	P	
Medical conditions and contra-indications	A	C	P	
Involvement and progression for all	A	C	P	
<b>Coaching Skills</b>				
Listens / questions to engage & develop riders	A	C	P	
Positive behaviour and language	A	C	P	
Feedback provided to riders	A	C	P	
<b>Technical Instruction</b>				
Position and posture	A	C	P	
Use of aids	A	C	P	
Equine interaction	A	C	P	

<sup>1</sup> A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard (see accompanying capability table for details)

All of the essential capabilities must be met along with at least 3 of the 5 desirable capabilities for Group Coaches.

All capabilities must be met with at least four Proficient capabilities anywhere for Coaches.

**Take a photo of this form once completed and send to the coach and RDA National Office.**

NOTES FROM POST-OBSERVATION DISCUSSION			
COACH REFLECTIONS			
DISCUSSION AND FEEDBACK From Coach Developer			
AGREED DEVELOPMENT PLAN			
GOAL	WHAT I NEED TO DO	SUPPORT I NEED	TARGET DATE

This review is evidence that the coach REMAINS / IS NOT at the standard required to coach within RDA Group sessions, in line with their qualification.

Signature of Reviewer: \_\_\_\_\_

Name of Reviewer: \_\_\_\_\_

Signature of Coach: \_\_\_\_\_

Date: \_\_\_\_\_