

RDA COACH ASSESSMENT FORM



COACH NAME: _____

GROUP: _____

DATE: _____

- Therapy and Medical **Y / N**
- Horse Care and Knowledge **Y / N**
- Coaching **Y / N**
- Pre-Assessment Checklist **Y / N**
- Safeguarding **Y / N** **Expiry Date** _____

If "N" has been circled for any of the above the assessment cannot continue.

Only one form needs to be completed after observing both the individual and group session. Group Coaches can be observed taking their usual session.

SESSION OBSERVED:		
Group Session	Y / N	Number of riders....
Individual	Y / N	
Has Coach attended at least 2 RDA sessions outside out of their Group?	Y / N	

To ensure coach is ready for the session/assessment, please confirm:-

Sight of Risk Assessment for the Session: **Y / N**

You have discussed a Session Plan: **Y / N**

First Aider Present: **Y / N**

¹ A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard (see assessment criteria for details).

All Essentials and at least 3 out of 5 Desirable criteria must be at least Competent standard for Group Coach. For Coach level all criteria must be met with at least 4 skills being Proficient in both the Coach and Equine Section.

Skill Assessment (Coach) ¹	A	C	P	Evidence (MUST be included where action required)	Skill Assessment (Equine) ¹	A	C	P	Evidence (MUST be included where action required)
Pre Session Checks					General Assessment of Horse				
Plan for a suitable and progressive session*	A	C	P		Equine checked for well- being and temperament*	A	C	P	
Risk assessment*	A	C	P		Equine checked for obvious signs of lameness*	A	C	P	
Riders and volunteers welcomed and briefed	A	C	P		Correctly Fitted Tack				
Mounting and Dismounting					Checking of tack*	A	C	P	
Safe and effective mounting/dismount*	A	C	P		Tacking up and fit*	A	C	P	
Knowledge & Rapport with Riders and Volunteers					Knowledge of Compensatory Aids*	A	C	P	
Preparation and communication	A	C	P		Handling the Equine				
Medical Conditions*	A	C	P		Leading the Equine*	A	C	P	
Involvement and progression for all	A	C	P		Warming up the Equine*	A	C	P	
Coaching Skills					Handling of Equine at mounting/dismounting*	A	C	P	
Sessions are learner centered*	A	C	P		Observation in Session*	A	C	P	
Listens/questions to engage & develop riders	A	C	P		Introducing New Equines into Sessions				
Encourage and reward positive behaviour	A	C	P		Explain how to introduce equine to new equipment/environment	A	C	P	
Technical Instruction					Explain how to introduce an equine into session	A	C	P	
Position and posture	A	C	P		CONFIRMED ASSESSMENT STANDARDS MET FOR:				
Use of aids	A	C	P		GROUP COACH <input type="checkbox"/>	COACH <input type="checkbox"/>	STANDARDS <input type="checkbox"/>		
Equine interaction	A	C	P		CERTIFICATE	CERTIFICATE	NOT MET		
					ASSESSOR NAME				

**NOTES FROM POST ASSESSMENT
DISCUSSION**

**COACH
REFLECTIONS**

**DISCUSSION AND
FEEDBACK**
From Coach
Developer

AGREED DEVELOPMENT PLAN

GOAL	WHAT COACH NEEDS TO DO	SUPPORT NEEDED	TARGET DATE

Signature of Assessor: _____

Name of Assessor: _____

Signature of Coach: _____

Date: _____