



## **RDA Endurance at National Championships**

We are looking forward to seeing many of you at Hartpury this year where we will have classes for 1,2,3& 5 km rides. We have arranged lovely new routes for most of the classes so are hoping for a big entry. 1km is a led class, 2 & 3km classes can be led or unled but riders in these classes must be accompanied by a coach or a trained volunteer on foot. In the 5km class the RDA rider should be accompanied, ideally by a mounted escort, but cannot be led. An escort on foot would be allowed but would need to very fit. If you need a mounted escort for this class and cannot provide one you need to let Fiona Harris in the office know in advance of the competition,

Pony/horse heart rates will be measured before and after they compete and there will be a trot up too to check for lameness. If your rider can trot but finds it difficult to mount then the pony/horse can be trotted up with the rider mounted otherwise the pony should be brought to the trot - up well in advance and then taken back to the mounting area for the rider to take their time mounting. There will be a mounting block near our start which will suit most riders.

There is a water tap near our start, so we suggest you bring your own buckets for best biosecurity.

There will be rosettes for everyone, and the 5 km class will have placings and a trophy for the winner.

If you know any groups who are considering joining Endurance there is still time to sign up so please spread the word.

Hopefully we will see lots of you at Hartpury. There will be many ponies/horses who have done Dressage or Show Jumping or Countryside Challenge and would love to try Endurance too and give a new opportunity to another rider. (Please do check the rule book for the number of events a pony is allowed to take part in on any one day)

I am looking forward to seeing you all

With best wishes

Gilly Roper  
RDA National Endurance Lead