

PROFICIENCY TEST SHEET



Gold RIDING

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. Check horse is correctly prepared for riding and rider mounts and dismount efficiently with assistance if needed		COMMENTS
2. Show a clear warm up plan demonstrating a good use of the arena and a variety of different exercises and figures		
3. Show transitions within a pace		
4. Ride simple lateral movements (e.g. leg yield, turn on the forehand)		
5. Have an understanding of the footfalls in all paces		
6. Have an understanding of the scales of training		
7. Discuss ways to improve the horse's way of going		
5 out of 7 items should be at 6 or above Use Dressage scale of Marks		
Comments		

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RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
Overall impression– 3 out of 4 must be 6s or above to pass		COMMENTS
Rider position and seat		
Correctness and effectiveness of aids		
Skill and accuracy of rider		
Harmony with equine		
Areas for development		
Final Comments		
Successful/unsucessful		
Assessor (s) name/signature (s)		

PROFICIENCY TEST SHEET



Gold Module A

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. Identify the main points of the horse		COMMENTS
2. Describe or identify different markings (e.g. whorls, ermine marks, wall eye)		
3. Describe a horse you know (e.g. colour, gender, markings, height and type of ride)		
4. Recognise different breeds of horses including the native breeds of UK		
5. Explain the information contained in a horse's passport		
6. Describe good and bad conformation of a horse		
7. Explain the signs of an underweight and overweight horse		
<p>If candidate has completed Bronze Module A then items 1-3 do not need to be completed and items 4-7 should be at 6 or above.</p> <p>If candidate has not completed Bronze Module A 5 out of 7 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module A then items 1-5 do not need to be completed and items 6-7 should be at 6 or above.</p> <p>If candidate has not completed Silver Module A 5 out of 7 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module B

RDA Group: _____

Date: _____ Assessor: _____

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

SYLLABUS ITEM	Mark out of 10	CANDIDATE'S NAME
1. Know the reasons for grooming and the difference between grooming a grass kept/stable kept horse and why		COMMENTS
2. Demonstrate or explain how to pick up and pick out the feet		
3. Demonstrate or explain how to groom a horse for presentation		
4. Demonstrate or explain different grooming methods, including quartering, strapping and tail washing		
5. Demonstrate or explain how to put on and remove a tail bandage/tail guard		
6. Recognise different types of clips and knowing reasons for clipping		
7. Demonstrate or explain how to turn out a horse for a competition including how to plait the mane and tail		
<p>If candidate has completed Bronze Module B then items 1-3 do not need to be completed and items 4-7 should be at 6 or above</p> <p>If candidate has not completed Bronze Module B 5 out of 7 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module B then items 1-5 do not need to be completed and items 6-7 should be at 6 or above.</p> <p>If candidate has not completed Silver Module B 5 out of 7 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module C

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. Know the rules of feeding and watering a horse		COMMENTS
2. Discuss the importance of fibre in a horse's diet		
3. Explain how and when you would feed hay or haylage		
4. Recognise different feed types for a horse (chaff, pony nuts, coarse mix, sugar beet, whole oats, crushed oats)		
5. Demonstrate or explain how to fill and tie up a hay net correctly and why		
6. Know how to prepare sugar beet for feeding		
7. Explain why the rules of feeding and watering are important		
8. Know which feeds to use to put on condition, give energy, reduce weight, add fibre		
9. Recognise good and poor quality hay		
<p>If candidate has completed Bronze Module C then items 1 -5 do not need to be completed and items 6-9 should be at 6 or above</p> <p>If candidate has not completed Bronze Module C 7 out of 9 items should be at 6 or above</p> <p>Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module C then items 1-7 do not need to be completed and items 8-9 should be at 6 or above.</p> <p>If candidate has not completed Silver Module C 7 out of 9 items should be a 6 or above</p> <p>Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module D

RDA Group: _____

Date: _____ Assessor: _____

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. Discuss the importance of a daily routine for a horse		COMMENTS
2. Describe the daily routine of a yard that you are familiar with		
3. Describe what makes a field suitable for a horse (fencing, water supply, size, amount of grass)		
4. Recognise mucking out tools and what they are used for		
5. Demonstrate or explain how to muck out a stable and lay a bed		
6. Explain why we bed down a stabled horse and the different types of bedding that could be used		
7. Identify plants that are poisonous to horses		
8. Explain general paddock maintenance		
9. Describe an ideal stable for a horse		
<p>If candidate has completed Bronze Module D then items 1-5 do not need to be completed and items 6-9 should be at 6 or above</p> <p>If candidate has not completed Bronze Module D 7 out of 9 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module D then items 1-7 do not need to be completed and items 8-9 should be at 6 or above.</p> <p>If candidate has not completed Silver Module D 7 out of 9 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module E

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. describe three different types of rugs and explain their uses (e.g. stable rug, turnout rug, summer sheet).		COMMENTS
2. Demonstrate or explain how to put on different types of rugs.		
3. Explain the consequences of poorly fitted rugs.		
4. Recognise and discuss use of various boots (Tendon, over reach, fetlock, hock, knee).		
5. Demonstrate or explain how to put on brushing boots, and explain why they are used.		
6. Identify and discuss the various types of bandages and explain reasons for using them (exercise, travel, stable, tail).		
7. Demonstrate or explain how to apply a leg bandage.		
<p>If candidate has completed Bronze Module E then items 1-3 do not need to be completed and items 4-7 should be at 6 or above</p> <p>If candidate has not completed Bronze Module E 5 out of 7 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module E then items 1-5 do not need to be completed and items 6-7 should be at 6 or above.</p> <p>If candidate has not completed Silver Module E 5 out of 7 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module F

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. Demonstrate or explain how to tack up, showing that you know how to correctly fit a snaffle bridle and a saddle including numnah, with assistance if necessary.		COMMENTS
2. Demonstrate or explain the essential care of saddlery, including taking apart, cleaning and reassembling.		
3. Identify different types of nosebands (e.g. cavesson, flash, drop, grackle, Kineton).		
4. Identify three different types of girth and what they are made of (e.g. dressage, balding, leather, web, elastic).		
5. Identify different types of snaffle bit (e.g. loose ring, eggbutt, single jointed, french link, rubber).		
6. Recognise different types of martingales (e.g. running, standing, Irish, bib, breastplate with attachments).		
7. Demonstrate or explain how to correctly fit a running martingale and explain why we may use one.		
<p>If candidate has completed Bronze Module F then items 1-6 do not need to be completed and items 7--14 should be at 6 or above</p> <p>If candidate has not completed Bronze Module F 10 out of 14 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module F then items 1-9 do not need to be completed and items 10-14 should be at 6 or above.</p> <p>If candidate has not completed Silver Module F 10 out of 14 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module F continued

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATE'S NAME
8. Recognise and identify different bridle types (e.g. Micklem bridle).		COMMENTS
9. Recognise and identify some members of the different families of bits (e.g. snaffles, pelhams, curbs, gags, lever bits).		
10. Recognise and identify various types of saddles and explain reasons for using them.		
11. Recognise and discuss the use of a double bridle.		
12. Demonstrate or explain how to fit a curb chain.		
13. Know the actions of all the bit families (e.g. snaffle, pelham, gag, lever bit, double, bitless).		
14. Recognise badly fitting tack and be able to inspect tack for soundness.		
<p>If candidate has completed Bronze Module F then items 1-6 do not need to be completed and items 7--14 should be at 6 or above</p> <p>If candidate has not completed Bronze Module F 10 out of 14 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module F then items 1-9 do not need to be completed and items 10-14 should be at 6 or above.</p> <p>If candidate has not completed Silver Module F 10 out of 14 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module G

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATE'S NAME
1. Demonstrate or explain how to put a headcollar on a horse		COMMENTS
2. Demonstrate or explain how to catch a well-mannered horse from a field and a stable		
3. Demonstrate or explain the correct way to lead a horse into a stable		
4. Demonstrate or explain how to tie up a horse correctly		
5. Discuss the importance of wearing protective equipment when handling horses.		
6. Demonstrate under supervision or explain how to turn a horse out to grass.		
7. Explain the risks involved when catching or turning out a horse and how to prevent accidents		
8. Describe how to hold the horse for control for the vet or farrier.		
9. Demonstrate or explain how to prepare a pony/horse for travelling in a horse box or trailer		
If candidate has completed Bronze Module G then items 1-5 do not need to be completed and items 6--9 should be at 6 or above		If candidate has completed Silver Module G then items 1-7 do not need to be completed and items 8-9 should be at 6 or above.
If candidate has not completed Bronze Module G 7 out of 9 items should be at 6 or above Use Dressage scale of Marks		If candidate has not completed Silver Module G 7 out of 9 items should be a 6 or above Use Dressage scale of Marks
Final Comments		

PROFICIENCY TEST SHEET



Gold Module H

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATES'S NAME
1. Describe the five freedoms of the horse		COMMENTS
2. Know the normal temperature, pulse and respiration of a horse at rest		
3. Describe the signs of a healthy horse		
4. Describe the signs of lameness and the signs of sickness in a horse		
5. Know when to call a vet and how to administer first aid to a wound before the vet arrives		
6. Describe how to recognise minor injuries, lameness and ailments such as colic		
7. Know how to care for a stable-kept horse when on box rest and how to rough off a horse		
If candidate has completed Bronze Module H then items 1-5 do not need to be completed and items 6--9 should be at 6 or above		
If candidate has not completed Bronze Module H 7 out of 9 items should be at 6 or above Use Dressage scale of Marks		
		If candidate has completed Silver Module H then items 1-7 do not need to be completed and items 8-9 should be at 6 or above.
		If candidate has not completed Silver Module H 7 out of 9 items should be a 6 or above Use Dressage scale of Marks
Final Comments		

PROFICIENCY TEST SHEET

Gold Module H continued



10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATE'S NAME
8. Explain the importance of Flu and Tetanus vaccinations.		COMMENTS
9. Explain the importance of worming prevention using testing/worming.		
10. Discuss the importance of routine dental care for horse's teeth.		
11. Discuss the importance of other practitioners in equine health and well being.		
<p>If candidate has completed Bronze Module H then items 1-5 do not need to be completed and items 6--11 should be at 6 or above</p> <p>If candidate has not completed Bronze Module H 9 out of 11 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module H then items 1-7 do not need to be completed and items 8-11 should be at 6 or above.</p> <p>If candidate has not completed Silver Module H 9 out of 11 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		

PROFICIENCY TEST SHEET



Gold Module I

10 - Excellent	9 - Very Good
8 - Good	7 - Fairly Good
6 - Satisfactory	5 - Marginal
4 - Insufficient	3 - Fairly Bad
2 - Bad	1 - Very Bad
0 - Not Executed	

RDA Group: _____

Date: _____ Assessor: _____

SYLLABUS ITEM	Mark out of 10	CANDIDATE'S NAME
1. Explain when a horse needs a visit from the farrier.		COMMENTS
2. Describe a basic horse shoe and know the difference between a fore and a hind shoe.		
3. Explain what to look for in a well shod horse.		
4. Recognise the farrier's tools and explain their uses.		
5. Discuss alternatives to shoeing such as hoof boots.		
6. Explain the basics of the lower leg.		
7. Explain basic structure of the hoof (external and internal).		
8. Explain reasons for removing the shoes and having the horse barefoot.		
<p>If candidate has completed Bronze Module I then items 1-4 do not need to be completed and items 5-8 should be at 6 or above</p> <p>If candidate has not completed Bronze Module I 6 out of 8 items should be at 6 or above Use Dressage scale of Marks</p>		<p>If candidate has completed Silver Module I then items 1-6 do not need to be completed and items 7-8 should be at 6 or above.</p> <p>If candidate has not completed Silver Module I 6 out of 8 items should be a 6 or above Use Dressage scale of Marks</p>
Final Comments		