

Group Coach to Coach Pathway (Riding)

Pathway for existing Group Coaches



Group Coach would like to become an RDA Coach to deliver sessions in different groups and/or progress to Advanced.



The Group Coach holds a valid safeguarding certificate (training available on events page of myrda.org.uk or contact Regional Coach for Regional Training).



The Group Coach must coach under supervision at two additional groups, which must be signed off in their passport by the supervising coach prior to coming forward for assessment. For support to find two additional groups the coach can contact their Regional Coach or use the 'Find a Group' tool on www.rda.org.uk. If there is only one group within 60 miles of your home group, one of these sessions can be within your home group with riders you do not usually coach. If there are no groups within 60 miles contact RDA UK for an alternative method.



The Group Coach contacts Regional Coach to arrange assessment with an available assessor (County, Regional Coach or Coach Developer). The assessment will be discussed on the phone/zoom to ensure the coach is prepared, and that all the above steps have been completed. If a recent unsuccessful assessment is evidenced in their passport, this should be discussed with the previous assessor to ensure action points are raised.



Group Coach is assessed by an assessor (County, Regional Coach or Coach Developer). Their passport is checked for evidence of completion of modules and compliant elements as well as any external coaching, which has been done under supervision. The assessment will comprise of an individual session, a group session and an equine assessment and must take place away from their home venue. The Group Coach must achieve proficient in any four skill criteria in both the coaching assessments and the equine assessment. They must also be at the level required (competent) in all other essential and desirable skill criteria in order to successfully achieve Coach Certificate level, otherwise a further assessment may take place.



Assessor sends National Office the completed Coach assessment forms with details of the outcome.

National Office sends the coach their Coach Certificate and updates the database

The coach is now able to coach unsupervised and take sole responsibility for RDA sessions in any RDA group.

Key - Activity Led By

Coach in Training

Group

Regional/County
Coach or Assessor

National Office