



**RDAA**  
Riding for the Disabled Association  
Incorporating Carriage Driving

**ANNUAL GENERAL MEETING 2023**



**FRIDAY 17TH NOVEMBER, HAYDOCK PARK RACECOURSE  
NEWTON-LE-WILLOWS, MERSEYSIDE, WA12 0HQ**





MANDANA MEHRAN POUR



ANNE WAFULA STRIKE



JESS COOK



TEGAN VINCENT-COOKE



SUZANNA ANSLOW

## 2023 AGM

RDA UK Interim Chair and Trustees welcome you to this year's AGM and annual members' meeting.

## TIMINGS

10.30 Arrival, tea and coffee

11.00 - 12.15 AGM meeting

12.15 - 13.15 Lunch & networking

13.15 - 14.45 Building the future of equestrianism

14.45 - 15.15 Celebrating achievement within RDA

15.15 - 15.20 Close

15.20 - 15.45 Afternoon tea and depart

## BUILDING THE FUTURE OF EQUESTRIANISM

**Mandana Mehran Pour**, Head of Participation at British Equestrian, will introduce the [#HorsesForAll research project](#) - a groundbreaking investigation into underrepresented communities and their engagement with equestrian sports & activities.

**Anne Wafula Strike**, Paralympian wheelchair racer and campaigner for disabled and socially disadvantaged people will share her story - challenging cultural norms, to taking on a whole new RDA challenge.

Chaired by **Jess Cook**, Activity Alliance and former international swimmer and RDA Trustee, our expert panel will discuss how we can shape the future to create an equestrian community that is truly representative of society, and accessible and welcoming for all participants.

Mandana and Anne will be joined on the panel by **Tegan Vincent-Cooke**, international Para dressage rider for team GB and activist for disability awareness, LGBTQ & BLM; and **Suzanna Anslow**, RDA driving coach and a member of British Equestrian's equality engagement group, and RDA's working party developing the inclusion and diversity strategy and training programme.