



# Your Journey on the RDA Coaching Pathway Starts Here

Green Card Holder

Training Modules



E-Learning:

- Disability Awareness
- Equine Knowledge

Practical in Group:

- Mounting/Dismounting
- Preparing & Assisting RDA Sessions

Pre-Coach Training Session with Regional Coach/County Coach/Coach Developer



RECEIVE  
YOUR  
COACHING  
PASSPORT

Coach in Training

Group Coach  
Training Modules

Theory/Practical :

- Coaching
- Horse Care & Knowledge
- Therapy & Medical
- Safeguarding

E-Learning:

- Pre-Assessment Checklist

Assessment :

- One RDA group session and/or
- One RDA individual session
- One Equine Assessment

Group Coach Certificate

Coach  
Training Modules

Theory/Practical :

- Coaching
- Horse Care & Knowledge
- Therapy & Medical
- Safeguarding

E-Learning:

- Pre-Assessment Checklist

Coach at 2 other RDA Groups

Assessment :

- One RDA group session
- One RDA individual session
- One Equine Assessment

Coach Certificate

Advanced Coach  
Training Modules

Requirements:

- Must hold an RDA Coach Certificate and have done so for a minimum period of 2 years

Theory/Practical :

- Coaching
- Coach the Coach
- Horse & Rider Biomechanics

Assessment :

- One RDA group session and/or
- One RDA individual session
- One Equine Assessment

Advanced Coach Certificate

"I want to move up to Coach from Group Coach, what do I do?"

"Follow the route above to move up to Coach"

National Office Contact:

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