

RDA ENDURANCE HACKING RISK ASSESSMENT (RA)



Name of RDA Group: _____

Name of Group Organiser/Coach Completing RA: _____

All RDA Sessions must be risk assessed before taking place.

We have started off the risk assessment for you by including a sample entry for a common hazard to illustrate what is expected. Continue by identifying the hazards that are the real priorities in your session and complete the table to suit. The hazards listed below are not exhaustive so take time to consider if your session has other aspects that need to be risk assessed. If the session happens regularly the same risk assessment can be used BUT must be reviewed each time to ensure it remains relevant.

Firstly confirm that you have added Endurance to your groups activities: **Y / N**

Now consider what topics to consider for your session, aside of what is on the venue RA:

| | | | | | |
|--|-------|---|-------|--|-------|
| Ability of riders (assess in arena) | Y / N | First Aid Kit & First Aider present | Y / N | Details of intended route | Y / N |
| Have riders experienced canter? Even if not planned on hack is essential if only with mounted Coach | Y / N | Hi-viz worn by all riders and ground crew | Y / N | Number of disabled riders (no more than 4 per Coach) | Y / N |
| Mobile Phone present, charged, signal on ride route checked and contact with base enabled. Vet contact number saved in phone Consideration given to downloading What3Words app | Y / N | Volunteers/Staff in Session | Y / N | Equines to be hacked out regularly with non-disabled riders to be familiar with surroundings | Y / N |
| Mounting/Dismounting | Y / N | Falls and Other Injuries | Y / N | Traffic on the route | Y / N |
| Weather Conditions | Y / N | Parent/Carer Involvement | Y / N | Is it necessary to cross or ride on public roads | Y / N |
| Is someone present in addition to the Coach to take charge in an emergency | Y / N | Horse Fitness/Suitability | Y / N | If yes to above question risk assessment must include potential hazards on the route | Y / N |
| Off-site Tracks and Fields, terrain assessed including gateways and permission obtained | Y / N | Rider/Horse Combinations | Y / N | Other (Please detail below) | Y / N |

If you have circled anything Y, there needs to be consideration of the hazards, the risks and any action to be taken detailed below.

Signature: _____ (Regional or County Coach)

Date: _____

