

RDA Showjumping Level 5 Coach Assessment Record

The criteria set at this standard allow coaches to progress from Level 4. The outcome of this assessment will show evidence that the showjumping coach is experienced, confident and competent in coaching at this level. The coach must show that they know and understand both RDA and British Showjumping Club rules. To gain the Level 5 certificate, coaches should be competent in preparing both horses and riders to the RDA Level 5 competition criteria, and the Graded Showjumping classes.

Key Skill Areas	NYC	C
1. Risk Assessment of riding arena, weather conditions		
2. Check fitting of tack, including specialist equipment and rider clothing etc.		
3. Assess rider and equine combination, and discuss any rider contraindications and horse/ rider history		
4. Use warm-up exercises relevant to rider and equine needs (flatwork)		
5. Use warm-up exercises relevant to rider and equine needs (pole and grid work)		
6. Whilst watching the warm-up exercises, is the coach training a balanced and rhythmic trot/ canter? Is the rider riding on the correct diagonal/ lead, and are they showing correct jumping lines?		
7. Has the coach established a rider who shows a balanced flatwork/ jumping position, whilst working in harmony at all times?		
8. Complete a course walk, with the rider either mounted or dismounted, and discuss jump-off options, to further the rider's ability to compete at Level 5		
9. Before allowing the rider to jump a course of jumps, make sure that the height is set appropriately		
10. The course should include a range of elements, as used in Level 4, with a new height set at no more than 80cm		
11. Be able to confidently state RDA and British Showjumping Club rules		
12. Know and understand riders' profiles and the classification process. Experience of working with deaf/blind riders and those with limb loss/impairment, and associated tack requirements, will all be discussed at this level		
13. The coach's passport and safeguarding certificate have been seen		

Name:

RDA Group: **Region:**

RDA/BS Qualifications:

Competent in coaching at Level 5? **YES / NO** (please circle as appropriate)

NO: If not yet competent, agree and record future actions overleaf, to achieve competence.

YES: If competence has been shown, comment in the coach's passport and a copy of this form should also be included, and another copy must be sent to the National Showjumping Co-ordinator at RDA National Office.

Name of Assessor:
(RDA Lead Showjumping Coach or RDA Showjumping Representative)

Signed:

Date:

Continued overleaf →

Assessor comments, advice and guidance: