

Recommended Coaching Book list – PRCA 2022

- High Performance Lessons from the best on becoming your best – *Jake Humphrey & Damien Hughes*
- 200+ School exercises with Poles – *Claire Lilley*
- Ride with your mind – *Mary Wanless*
- Enlightened Equitation – *Heather Moffat*
- The principles of teaching riding – *Karen Bush & Julian Marczak*
- Growth Mindset – *Carol Dweck*
- BHS Manual for Coaching and teaching riding – *Isla Auty*
- Teaching children to ride – *Jane Wallace*
- Using Hippotherapy Strategies for Children and Youth with Cerebral Palsy – *Annette Willgens & Ellen Erdman*
- 101 Schooling exercises for Horse and Rider – *Jaki Bell*
- Activities for Therapeutic Horseback riding – *Cynthia Linsenhardt and contributors*
- Centered riding – *Sally Swift*
- Training the young horse – *Pippa Funnell*
- The Autistic Brain – *Temple Grandin*
- Horses for life: Dream Big – aim high – one life to live – *Isla Auty and Pammy Hutton*
- Two Brains, One aim: A riding coach's Key concepts for bringing Horse and Rider together (and ending in success!) – *Ellie Hughes and Eric Smiley*