



One Day Workshop on Sensory Awareness in the Equine Setting Monday 13th June 2022

Come and join Rhona Harkness, Occupational Therapist on this one-day workshop where she will introduce you to her new sensory resources to support with the facilitation of therapy and/or coaching sessions in the equine setting.

Hosted by RDA at the **National Training Centre, Old Warwick Road, CV35 7AX**

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| 9.30am | Refreshments and Networking |
| 10am | Start
Introduction to Sensory Transitions™ Resource Package for the Equine Setting |
| 11am | Introduction to Sensory Routes™ |
| 11.30am | Live demonstration of Sensory Routes™ for Riding Exercises |
| 1pm | Lunch |
| 1.30pm | Introduction to Responsive Groundwork™ and Sensory Routes™ for Groundwork |
| 2pm | Live demonstration of Sensory Routes™ for Groundwork Exercises |
| 3pm | Building confidence in using sensory resources in the equine setting and when to connect with an Occupational Therapist |
| 3.45pm | Discussion, Reflections and Final Questions |
| 4pm | Close |

*Tea and coffee will be served throughout the day, a light lunch will also be provided.