

Belvoir Vale RDA Group

Coach Training

POSITION, POSITION, POSITION

**WEDNESDAY 10th April 2024**

**10.30 AM – 2.30 PM BELVOIR VALE RDA GROUP**

**Colston Bassett, Nottingham NG12 3BJ**

Trainers:

Jennie Wilkinson BSc (Hons) Physiotherapy Lesley Davies RDAC

Karen Thompson RDASC

An in-depth look at the position of the rider in walk, trot and canter. AM: Assessing and developing the position of the therapeutic rider. PM: Position of the rider in trot and making the first steps in canter.

Open to all levels of coaches and will count as the practical part of the Therapy & Medical Module and a CPD providing a reflection sheet is completed on the RDA website.

**Numbers restricted to 30. £10 per person**

Tea & Coffee will be provided. Please bring your own lunch.

**Book before 29th March 2024**

Booking Form

For further information email [karen@kestevenrda.org.uk](mailto:karen@kestevenrda.org.uk)

or phone 07732 418848

|  |  |
| --- | --- |
| Name: |  |
| Group: |  |
| Contact Details: |  |

Please email the booking form to [karen@kestevenrda.org.uk](mailto:karen@kestevenrda.org.uk) and pay by BACs transfer:

**Nat West Account Name: Belvoir Vale RDA Sort code: 60-02-41 Account number: 69223874 using your surname or RDA group as a reference**

or send the booking form along with a cheque made out to **Belvoir Vale RDA** to: Karen Thompson

34 Ninth Avenue Grantham

Lincs NG31 9TF

2