



#UKCoachingWeek 5th - 11th June 2023

# THE FOUNDATIONS OF GOOD COACHING

overview of case study content here

## COACHES NAME

### GROUP NAME

- experience

Quote from content

## DIVERSITY & INCLUSION

What do you think is an important aspect of good coaching focusing on your duty to care as a coach/

How do you embrace diversity and inclusion embraced within your approach to coaching?

How do you create a person-centred coaching environment, where people feel included and equal?

As a coach what do you think are the benefits of providing opportunities for individuals to share their support needs? The benefit to the whole person and wider contributing factors, that could have an impact on their mental well-being.