

## **BRONZE PROFICIENCY TEST**



Candidates must have been Vaulting for at least two years and the test can be taken in their home group.

## **VAULTING:**

- 1. Mount from canter to basic seat with assistance if necessary
- 2. In canter on left rein:
  - Flair
  - Princes Kneel
  - Mill
  - Forward Swings
  - Taylor Seat
  - Sit forwards on the neck
- 3. In walk on left rein:
  - Foot in outside stirrup and Arabesque
  - Shoulder Stand
  - Sit backwards on the neck
  - Flair backwards on the neck
  - Backwards Press Up hands on back of pad
  - Backwards Swings
- 4. Backwards stand
- 5. Arabesque on back with one hand off
- 6. On right rein in canter:
  - Basic seat arms out
  - Bench
  - Legs over and back
- 7. Dismount over the tail

## **HORSE CARE:**

- Name and either demonstrate or explain all items used in a standard grooming kit and give reasons for grooming.
- Demonstrate or explain the essential care of saddlery, including the taking apart, cleaning and reassembling of tack.
- 3. Explain how and when to feed hay, including the quantity (weight)
- 4. Explain the reasons for using different types of bedding. Demonstrate or explain how to muck out and lay a bed.
- 5. Describe the characteristics of five of these native breeds: EXMOOR, DARTMOOR, SHETLAND, NEW FOREST, CONNEMARA, FELL, DALE, HIGHLAND and WELSH.
- 6. Be able to describe a pony/horse:
  - COLOUR, SEX, MARKINGS, HEIGHT and TYPE
- 7. Identify parts of the tack. Those in Grades 1, 2, 3 plus: CAVESSON and FLASH, EGGBUTT SNAFFLE, JOINTED SNAFFLE and FRENCH LINK SNAFFLE.

## **PASS MARKS:**

Vaulting 75%, Horse Care 70%.

Examinations by RDA approved examiner not working with the Group.

Candidates may take either Vaulting and/or Horse Care and will receive a RDA certificate and badge for each section passed.

Further information is available on our website <a href="www.rda.org.uk">www.rda.org.uk</a> and is held by the Group Organiser, County and Regional Instructors.

Syllabus Revised September 2013