

## **GOLD PROFICIENCY TEST**



Candidates must have held the Silver Award for at least 6 months and have been assessed for this standard by a BEV Level 3 Vaulting Coach. Vaulters must take the test at a venue organised by RDA National Office.

## **VAULTING:**

- 1. The Examiner will be observing the candidate's awareness and consideration of the horse through tacking up and warm up.
- 2. The Vaulter will show their individual routine in walk or canter on two different, well-mannered horses
- 3. The Vaulter will show 1\* compulsories in canter;
  - Mount
  - Basic seat
  - Flare
  - Stand
  - Forward Swing
  - Mill to Backwards
  - Backwards Swing
  - Dismount to the inside
- 4. The Vaulter will make up a Pairs routine with a Vaulter of the Examiner's choice. It must include 9 Vaulting moves and a mount and dismount.

## **HORSE CARE:**

- 1. Know how to care for a fit, stable-kept pony/ horse.
- 2. Know how to recognise minor injuries, lameness and ailments and know when to call a vet.

- 3. Demonstrate or explain how to prepare a pony/horse for show ring presentation (may include plaiting)
- 4. Explain the management in a change of work routine for a pony/ horse
- 5. Explain the structure of the hoof and describe different shoeing methods
- 6. Describe a good stable (e.g. size, ventilation, drainage, shelter and warmth).
- 7. Talk about conformation of a given pony/ horse provided on the day
- 8. Discuss a well-fitting bridle, Vaulting pads and roller
- 9. Identify commonly used feeds and discuss feeding regimes and quantities

## **PASS MARKS:**

Vaulting 85%, Horse Care 70%.

Examinations by RDA approved examiner not working with the Group.

Candidates may take either Vaulting and/or Horse Care and will receive an RDA certificate and badge for each section passed.

Further information is available on our website <a href="www.rda.org.uk">www.rda.org.uk</a> and is held by the Group Organiser, County and Regional Instructors.

Syllabus Revised September 2013