



## GRADE 3 PROFICIENCY TEST (GREEN)



### VAULTING:

1. Run to the horse in canter- left rein
2. Run to the horse in canter- right rein
3. Be able to catch the outside stirrup on both reins
4. Show mount with assistance
5. Basic seat arms out (like an aeroplane) in canter
6. Free kneel in canter
7. Flair in walk
8. Mill in walk
9. Stand in walk
10. Start to show Swings in walk
11. Sit backwards on the neck in walk
12. Forward Press Up in walk
13. Princes Kneel in walk
14. Simple dismount in canter

### HORSE CARE:

1. Have a basic knowledge of the needs and care of a pony/horse:  
**FEEDING, WATERING AND GROOMING**
2. What does the horse drink?
3. What can he drink from- **BUCKET, TROUGH, BURN/ STREAM** and **POND**
4. When would you check his water?

5. Look at his water in Summer/Winter
6. What does he eat in the field?
7. What would you give him when the grass dies in winter?
8. What is hay made from?
9. What other things might your horse eat: COARSE MIX, NUTS and CHAFF
10. Recognise the following items:  
LEAD ROPE, HEAD COLLAR, HAYNET and RUG.
11. Recognise and demonstrate how to use the following items from the grooming kit: DANDY BRUSH, BODY BRUSH, METAL CURRY COMB, RUBBER CURRY COMB, PLASTIC CURRY COMB, HOOF PICK and SPONGE.
12. Know how to pick up and pick out a pony/ horse's hoof.
13. Know the following points of the pony/horse. Those in Grade 1 & 2 plus:  
FROG, WALL OF THE HOOF, SOLE, CREST, ELBOW, DOCK, FLANK, FETLOCK and MUZZLE
14. Know how to lead a horse in hand
15. What kind of knot would you tie him up with?
16. Know how to untack the horse and carry the take safely. Be able to recognise BROW BAND, THROAT LASH and NOSEBAND

## **PASS MARKS:**

Vaulting 50% Horse Care 50%.

Examinations by RDA approved examiner not working with the Group.

Candidates may take either Vaulting and/or Horse Care and will receive a RDA certificate and badge for each section passed.

Further information is available on our website [www.rda.org.uk](http://www.rda.org.uk) and is held by the Group Organiser, County and Regional Instructors.

*Syllabus Revised September 2013*