



GRADE 4 PROFICIENCY TEST (YELLOW)



VAULTING:

1. Show mount with assistance
2. Basic seat in canter hands on waist
3. Free Kneel in canter
4. Legs over and back in canter
5. Sit backwards on the neck in canter
6. Stand in walk
7. Pistols in walk
8. Backwards Kneel in walk
9. Sideways Kneel in walk
10. Half Scissors in walk
11. One foot in stirrup other leg along the horses back in walk
12. Roll up in walk
13. Lie across the horse in walk
14. Dismount in canter

HORSE CARE:

1. Show an understanding of a pony/horse's behaviour and demonstrate this on approaching and handling.
2. Know and recognise basic food for a stable kept pony/horse:
HAY, NUTS, COARSE MIX and CHAFF
3. Know how to groom a stable kept pony/ horse and identify additional grooming kit items required:
WATER BRUSH, STABLE RUBBER and TAIL BANDAGE
4. Know and recognise types of bedding: **STRAW, SHAVINGS and PAPER.**

Recognise the following mucking-out equipment: WHEELBARROW, FORK, SHAVINGS, FORK, BROOM/ BRUSH & SHOVEL

5. Know the reason for taking the pony/horse to the farrier.
6. Know the essential care of saddlery and be able to put on a roller and bridle with assistance if necessary.
7. Know how to catch a pony/horse, lead it in hand and recognise how to tie up correctly.
8. Identify the following points of the pony/horse: Those in Grades 1, 2, 3 plus TENDON, CHESTNUT, ERGOT, CHIN GROOVE and POINT OF HIP.

PASS MARKS:

Vaulting 50% Horse Care 50%

Examinations by RDA approved examiner not working with the Group.

Candidates may take either Vaulting and/or Horse Care and will receive a RDA certificate and badge for each section passed.

Further information is available on our website www.rda.org.uk and is held by the Group Organiser, County and Regional Instructors.

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