



## SILVER PROFICIENCY TEST



Candidates must have been Vaulting for at least 3 years and have been assessed for this standard by their Regional Instructor.  
Vaulters must take the test at a venue organised by RDA National Office.

### VAULTING:

1. Mount from canter to basic seat on left rein
2. In canter on left rein:
  - Forward Press Up
  - Forward Scissors
  - Stand
  - Arabesque foot in stirrup
  - Onto neck facing tail
  - Flair leg only on the neck
  - Backwards Princes Kneel
  - Backward Press Up
  - Backwards Swing
3. In canter right rein:
  - Basic seat hands on hips
  - Flair leg only
  - Swing
  - Free Kneel
  - Mill
4. Work in walk with a pair on the horse  
Vaulters must Prop or Fly 5 of the following exercises depending on size of Vaulters
  - Double Kneel
  - Double Stand
  - Back to Back Tailor Seat

- Double Flair
  - Double Arabesque
  - Stand over Bench
  - Sit on Shoulders
  - Wheelbarrow
  - Flying Angel
  - Aeroplane
5. Vaulters must show an individual routine with a minimum of 9 moves, none of which are to be Pre Novice or Novice Compulsory exercises
6. Dismount of choice to be other than simple everyday one

## **HORSE CARE:**

1. Demonstrate or explain how to groom a horse for presentation, to include tail washing.
2. Demonstrate or explain how to put on different types of rugs, bandages and boots and explain their uses.
3. Demonstrate or explain how to prepare a pony/ horse for travelling in a horse box or trailer.
4. Recognise the following bits and explain their fitting and severity:  
RUBBER SNAFFLE, STRAIGHT BAR SNAFFLE, JOINTED SNAFFLE, PELHAM, KIMBLEWICK and FRENCH-LINK.
5. Recognise different types of clips and know reasons for clipping.
6. Know at least seven of the rules for feeding a pony/horse.
7. Recognise four farrier's tools and explain their uses.
8. Describe the signs of lameness or illness in a pony/horse.
9. Demonstrate under supervision, or explain how to turn a pony/ horse out to grass.
10. Know how to tighten a roller girth

## **PASS MARKS:**

Vaulting 85%, Horse Care 70%.

Examinations by RDA approved examiner not working with the Group.

Candidates may take either Vaulting and/or Horse Care and will receive a RDA certificate and badge for each section passed.

Further information is available on our website [www.rda.org.uk](http://www.rda.org.uk) and is held by the Group Organiser, County and Regional Instructors.

*Syllabus Revised September 2013*