

LUNGING CERTIFICATE ASSESSMENT CRITERIA



The criteria below are to be assessed by a visiting designated RDA Advanced Vaulting Coach.

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Arena and surfaces are suitable for RDA Vaulting	<ul style="list-style-type: none"> • Unable to identify problems with a surface for vaulting (Uneven, stones, too deep or not deep enough) 	<ul style="list-style-type: none"> • Can identify a suitable surface for vaulting. (Level area, firm surface, Harrowed)
Tack and associated equipment are suitable and correctly fitted.	<ul style="list-style-type: none"> • Unable to identify vaulting tack • Inappropriate use of equipment 	<ul style="list-style-type: none"> • Can identify vaulting tack, roller, pads and girthing arrangement. Understands the use of side reins and can adjust as required: <ul style="list-style-type: none"> ○ Bridle/Cavesson ○ Boots ○ Roller and pads ○ Lunge rein ○ Side reins ○ Lunge whip
Horse is sound and suitable for Vaulting. Lungers discuss an appropriate training plan for the horse	<ul style="list-style-type: none"> • Unable to identify training methods for a horse 	<ul style="list-style-type: none"> • Horse is fit, well and at least 7yrs • Understands training requirement of an RDA vaulting horse. (Running down the line, commands and specific vaulting movements) • Identifies vaulting horses require more than just lunging
The Lunger has suitable knowledge of horse Lunging Technique	<ul style="list-style-type: none"> • Unable to identify signs of lameness • Inappropriate body position • Inappropriate tone of commands • Poor whip control • Uses aids at inappropriate times • Unable to differentiate between lunging for horse schooling and lunging for vaulting 	<ul style="list-style-type: none"> • Stands centrally • May walk a small circle • Good whip control • Understands lunging for vaulting

Maintain safe control of the horse		<ul style="list-style-type: none"> • Handler position in relationship to the horse balancing, tempo and appropriate forwardness of the horse • Lunging technique • Use of commands • Adjust equipment at the conclusion of the session • Handling equipment safely • Awareness of others
The Lunger is able to show suitable warm up of the horse without Vaulters in all paces (walk, trot, canter).	<ul style="list-style-type: none"> • Lunger unable to demonstrate a controlled warm up of the horse 	<ul style="list-style-type: none"> • Able to effectively warm up a horse demonstrating the horse is under control and can talk through what they are doing • Lunges with and without side reins • Checks girth
The Lunger is able to lunge the horse for the Vaulters' approach and depart on both reins in trot.	<ul style="list-style-type: none"> • Uncontrolled/ Unsafe 	<ul style="list-style-type: none"> • Safe and controlled
The Lunger is able to lunge the horse for pre novice compulsories in walk, paying attention to the horse's obedience, rhythm and balance.	<ul style="list-style-type: none"> • Uncontrolled/ Unsafe 	<ul style="list-style-type: none"> • Safe and controlled
The Lunger is able to lunge freestyle in walk	<ul style="list-style-type: none"> • Uncontrolled/ Unsafe 	<ul style="list-style-type: none"> • Safe and controlled
Maintain Health and Safety of all participants.	<ul style="list-style-type: none"> • Unable to identify factors that may threaten health and safety whilst lunging 	<ul style="list-style-type: none"> • Health and safety • Size of the circle • Horse's refusal to go forward • Horse pulling away • Uncooperative horse behaviour • Surface and weather conditions • Presence of other horses