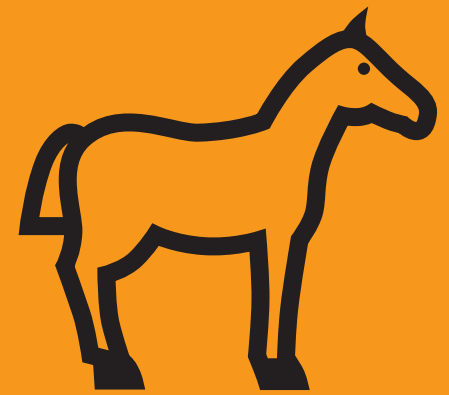




Riding



MAKATON[®]

**resource
vocabulary**

**symbols
and
signs**



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from whom a full resources catalogue and additional information is available.

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All proceeds from the sale of this item are used to further the work of The Makaton Charity in support of people living with communication or learning difficulties. For further information about our work please see our website www.makaton.org.

Acknowledgements

The Makaton Charity is enormously grateful to the many people who have contributed in a wide variety of ways to the development and production of these materials.

This resource draws on vocabulary previously published in Makaton signs for Riding and also published in the following resources available from the Makaton online shop at www.makaton.org

Animals, Transport and Vehicles Book of Signs
Animals, Transport and Vehicles Book of Symbols

About the Makaton Programme

Makaton is a unique language programme which uses signs, symbols and speech to enable people to communicate. It supports the development of essential communication skills such as attention, listening, comprehension, recall and organisation of language and expression.

Makaton is used by children and adults with a variety of communication and learning difficulties. It is used extensively all over the UK in pre-schools, schools, centres, hospitals and clinics, and in the homes of people with communication and learning difficulties, and has been adapted for use in over 50 countries.

In addition to the children and adults with communication and learning difficulties and the community around them – for example, teachers, health professionals, friends, public service bodies etc. Makaton is increasingly used by the general public to aid communication. Makaton has been shown to be useful for all sorts of people including those who struggle with understanding concepts, those who have poor literacy skills, including grammatical knowledge, and those with English as an Additional Language. By using Makaton, children and adults can take a more active part in life, because communication and language are the key to everything we do and learn.

The Makaton symbols and signs are used with speech, the written word or on their own. They provide a visual representation of language which increases understanding and makes expressive communication easier.

This multi-modal approach, where one mode facilitates another, has been shown to increase opportunities for personal expression and development, participation in interaction and socialisation and to increase access to education, training and public information.

About The Makaton Charity

The Makaton Charity exists to ensure that all people living with learning and/ or communication disabilities have the tools and resources to communicate. Our vision is a world in which all people with learning or communication difficulties can communicate.

The Makaton Charity:

- provides training for parents, carers, and professionals;
- develops and produces printed and electronic resources;
- works with others to make their information accessible;
- provides advice and support to families and professionals;
- works in partnership to influence society and empower people.

Through our national network of over 1,000 licensed Makaton tutors and trainers, over 30,000 parents, carers and professionals receive Makaton training each year. Our cascade approach enables us to share knowledge and offers a sustainable model for empowering others to improve communication for all.

How to use this Topic Download

This topic download has been compiled as a starting point to help you to communicate more easily and to make effective use of the valuable communication opportunities that occur when riding. Where you are working with a group of regular Makaton users, a family member or perhaps you are aiming to include a Makaton user in an alternative or mainstream setting; whatever the circumstances, this topic related group of symbols and signs will be an invaluable tool for building confidence and supporting understanding.

Each sign and/ or symbol can be used to illustrate and support communication and participation about a single concept; alternatively groups of symbols and signs can be used to build simple sentences or be used to convey more than one idea.

These Makaton symbols and signs work best when combined and supported with the Makaton Core Vocabulary; therefore it's advisable to develop an understanding of how to use the Core Vocabulary to underpin the development of communication and build understanding. For more information or to find out about Makaton training in your area contact The Makaton Charity on 01276 606777.

In addition to the Core Vocabulary and these smaller topic collections, there are a variety of larger topic collections such as National Curriculum, Animals, Transport and Vehicles and Food and Drink etc. There are also specific activity downloads that may also be useful. These are available from the Makaton website www.makaton.org.

As well as learning and using the signs, you will be able to use the corresponding symbols which are designed to support understanding and aid communication. Where possible Makaton symbols and signs should be used in conjunction, however, practicality of use as well as the needs of the user will dictate the degree of combinations possible or desirable. Symbols can also be copied, cut out and used for labelling the environment, for example, using enlarged symbols to label rooms such as the tackroom. In the tackroom, large symbols can be put up to show where particular equipment should be stored: brush, bucket, saddle, wheelbarrow, which could help support independence. Instructions can also be given using symbols; the symbol '**Tackroom**' can be given to a rider while speaking and signing 'go to the tackroom', which will help support understanding.

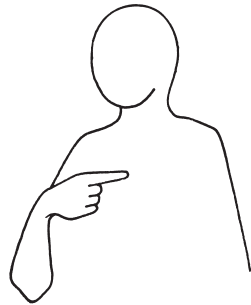
Try to just use signs and symbols to support the key words that you are communicating. In most cases simple is best and so always start by introducing single signs/ symbols, making sure that the user is familiar with them before either introducing more signs/ symbols or attempting to combine signs/ symbols to make sentences.

Riding Sentences

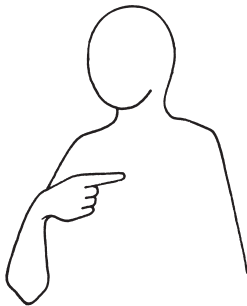


Listen

to

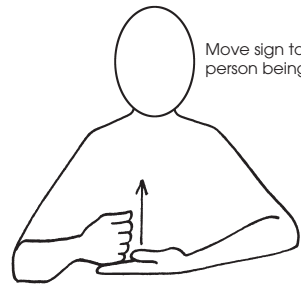


me.

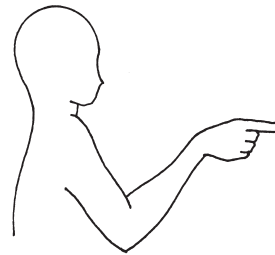


I

will



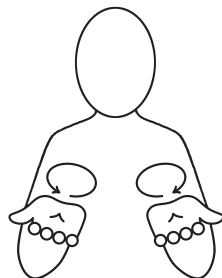
help



you.

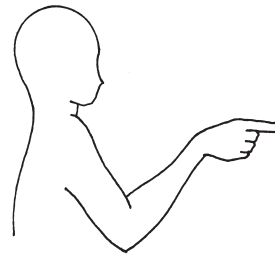


Look!

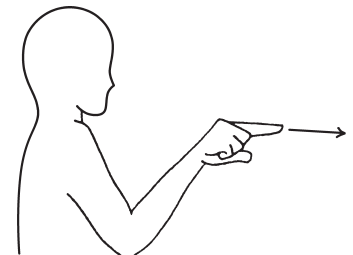


Where

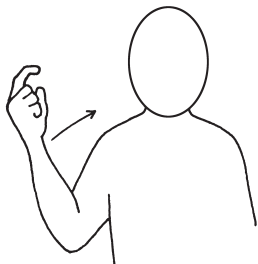
are



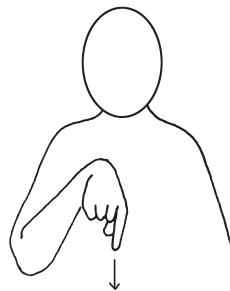
you



going?

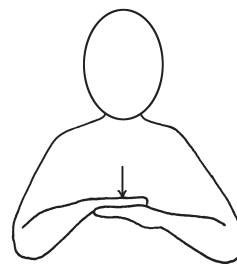


Come



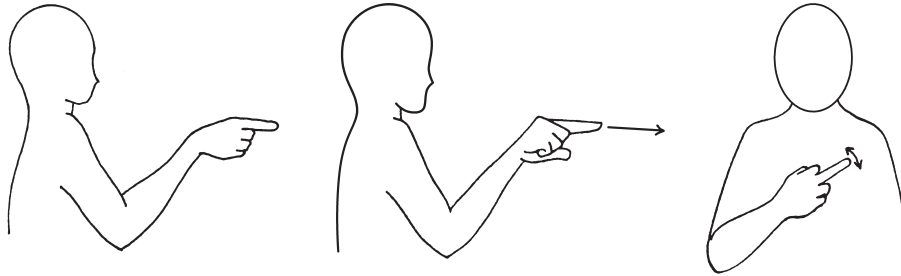
here

and

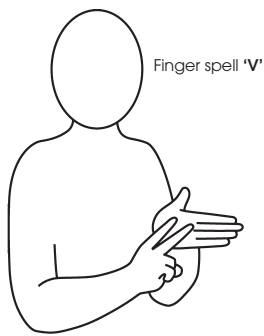


sit down.

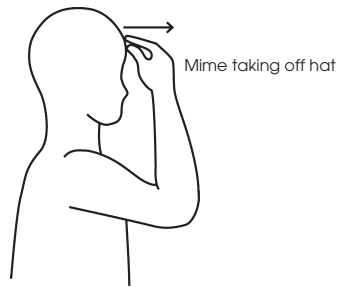
Riding Sentences



Do **you** want to **go** to the **toilet?**



Vicky,

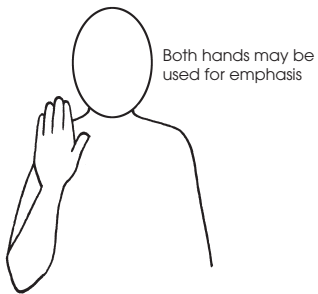


take your hat

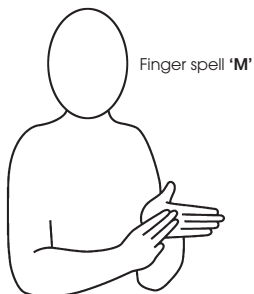


and

gloves off.



Stop.

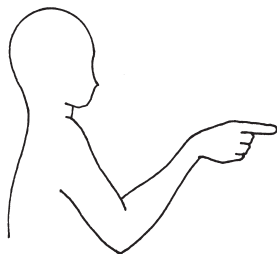


Mary

is

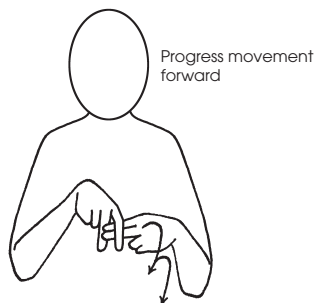


next.

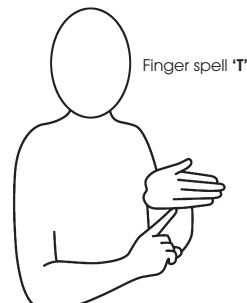


You

can

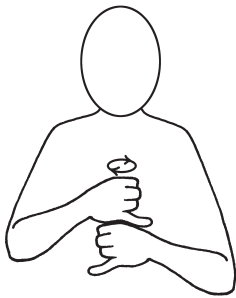


ride



Trigger.

Riding Sentences

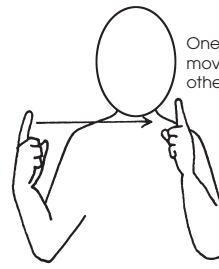


The **grey**



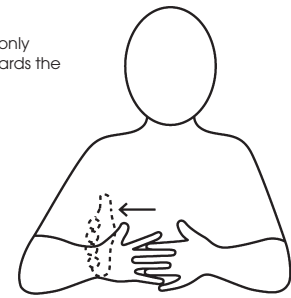
horse

is



near

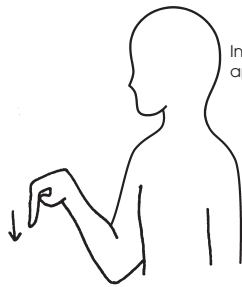
the



gate.

Mime movement on the spot - twice only

One hand only moves towards the other



This



horse

is

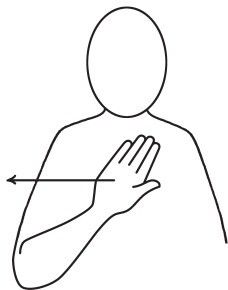


black.

Indicate as appropriate

Mime movement on the spot - twice only

Small circular backward movement

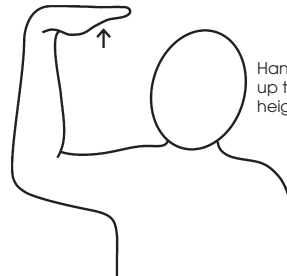


Don't

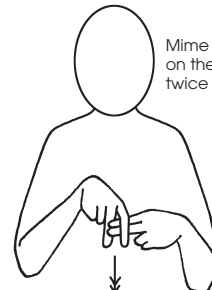


ride

the



big

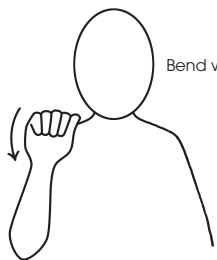


horse.

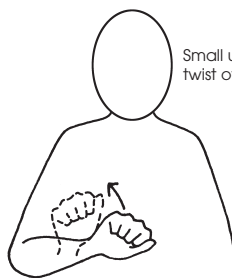
Progress movement forward

Hand moves up to required height

Mime movement on the spot - twice only



Yes.

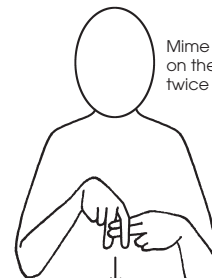


Yours

is the



little



one.

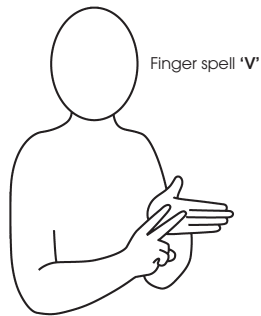
Bend wrist

Small upward twist of wrist

Hand moves down to required height

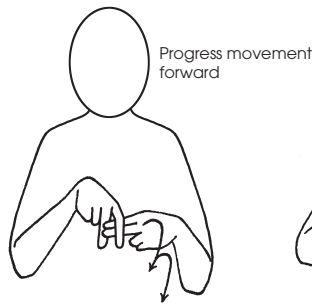
Mime movement on the spot - twice only

Riding Sentences



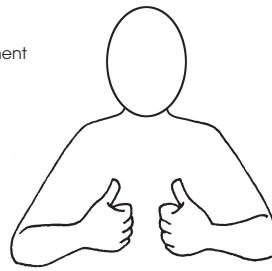
Finger spell 'V'

Vicky

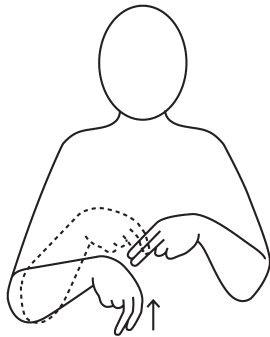


Progress movement forward

riding



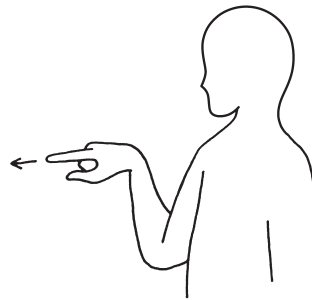
very well.



Mount up

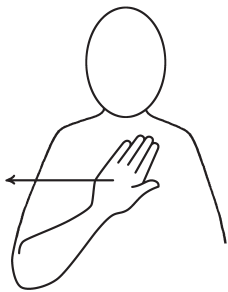


wait

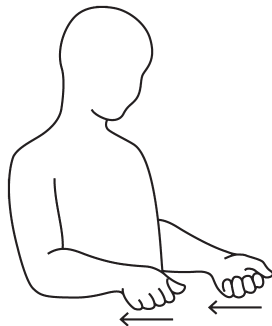


over

there.



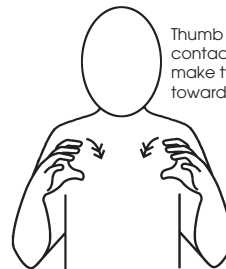
Don't



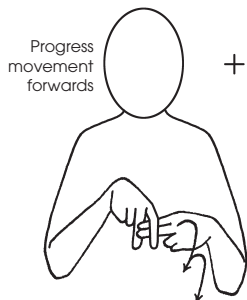
pull on the reins,

just

relax.

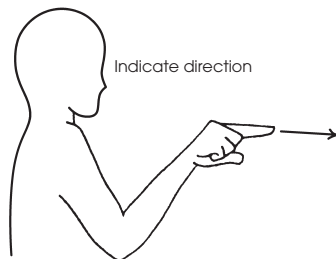


Thumb tips maintain contact with chest. Hands make two short movements towards each other

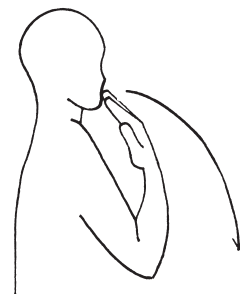


Progress movement forwards

+



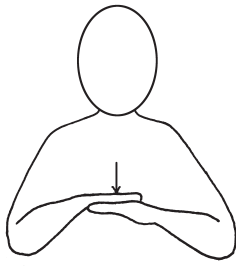
Indicate direction



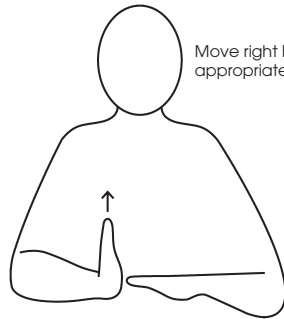
Walk on

please.

Riding Sentences



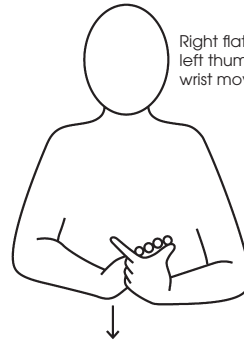
Sit



Move right hand appropriately

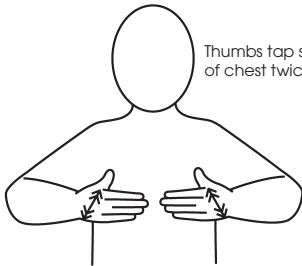
up straight

with your



Right flat fingers rest between left thumb and index. Right wrist moves sharply down

heels down.

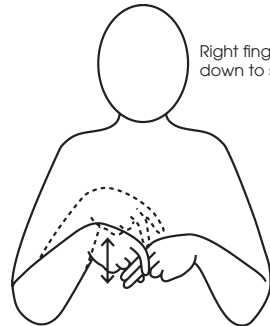


Thumbs tap sides of chest twice

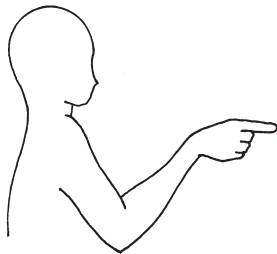
Prepare

to

trot.



Right fingers move up and down to show rising trot



Do

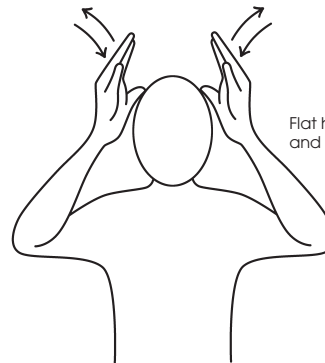
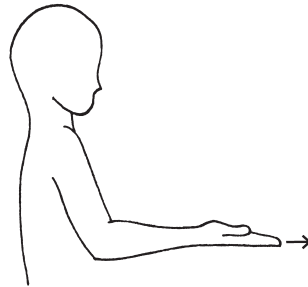
you

want to

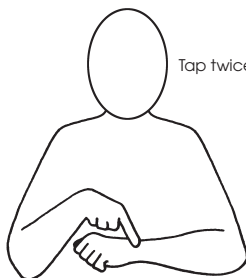
feed

the

donkey.



Flat hands flap down and up at wrists



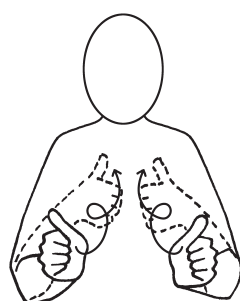
Tap twice

It's

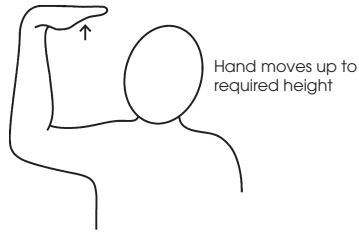
time

to

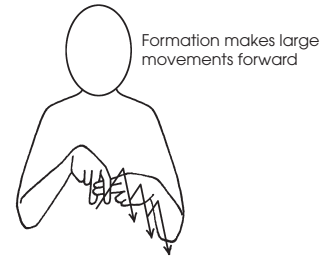
finish.



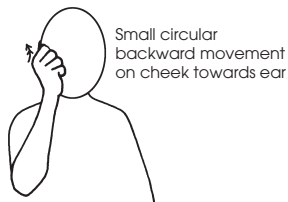
Describing Horses and Donkeys



Big/ Tall



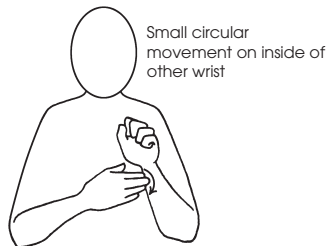
Galloping (horse/ donkey)



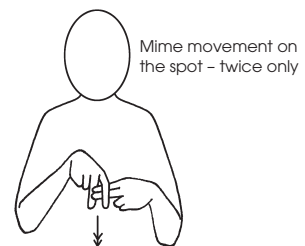
Black



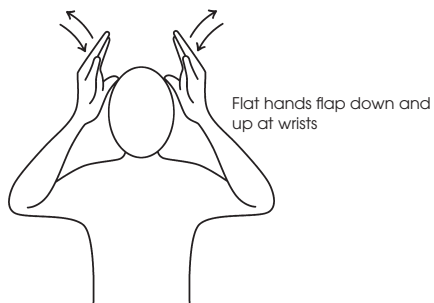
Grey



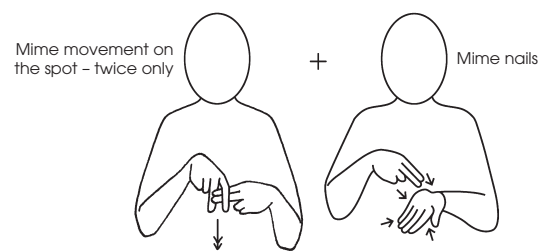
Brown



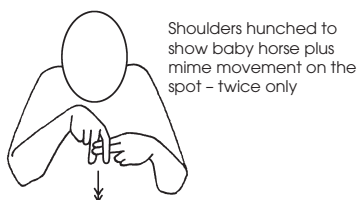
Horse



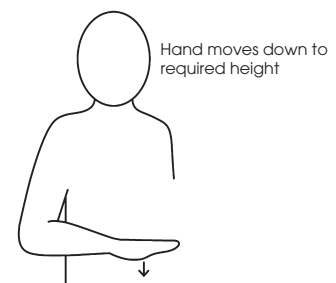
Donkey



Horseshoe

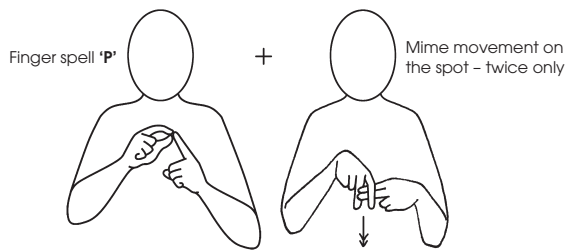


Foal (young horse)

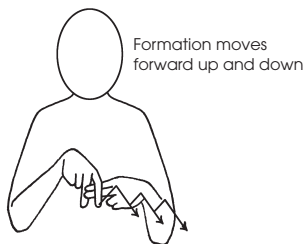


Little/ Short

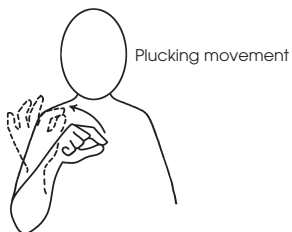
Describing Horses and Donkeys



Pony



Trotting (horse/ donkey)

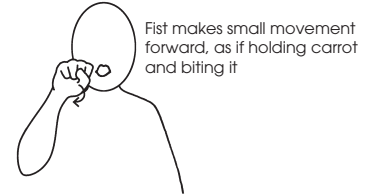


White

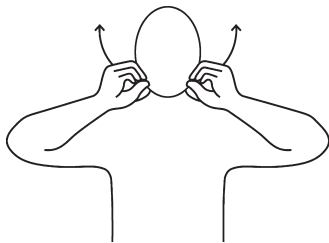
Environment and Equipment



Belt



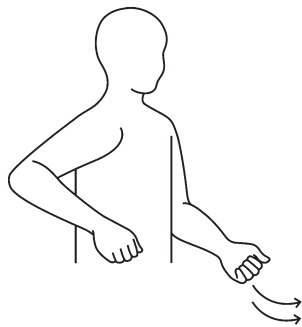
Carrot (2)



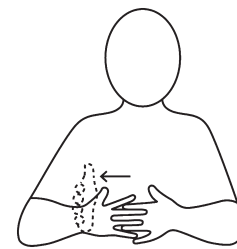
Bridle



Door



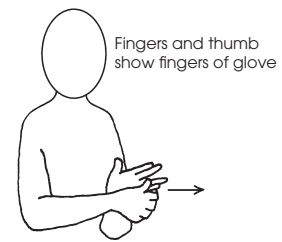
Broom



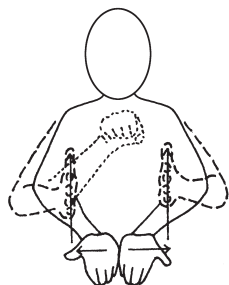
Gate (rail)



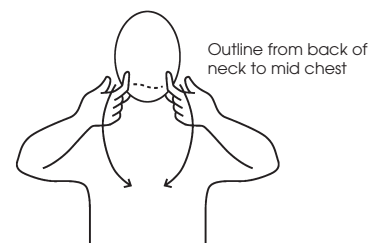
Brush



Glove



Bucket

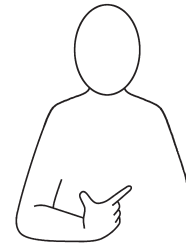


Harness (horse/ donkey)

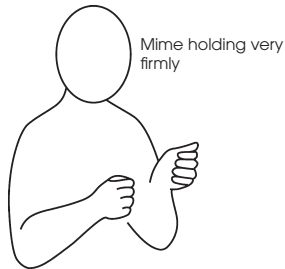
Environment and Equipment



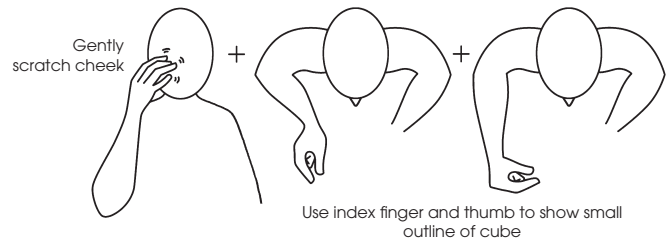
Horse Drawn Cart



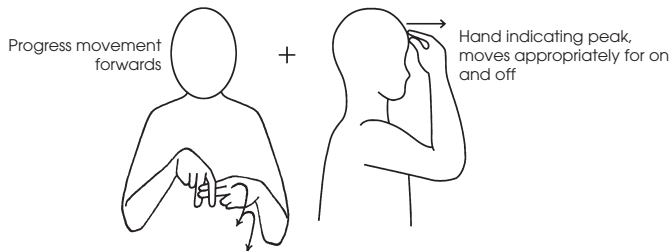
Stirrup



Reins



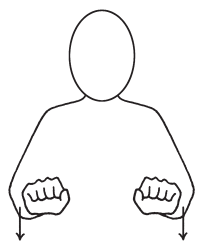
Sugar Cubes



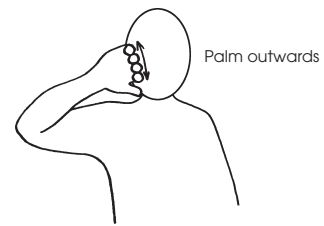
Riding Hat



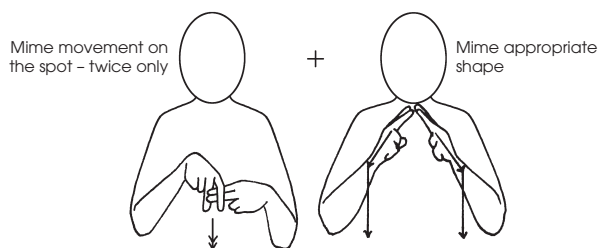
Toilet



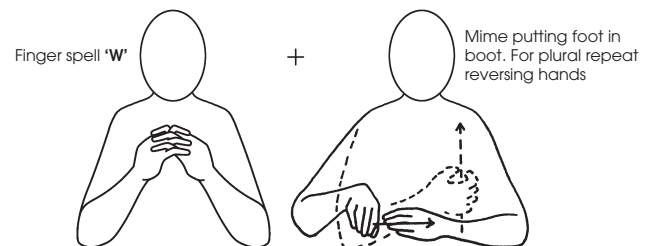
Saddle/ Chair



Water

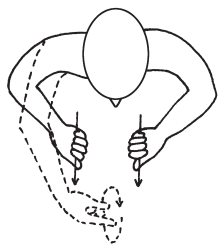


Stable



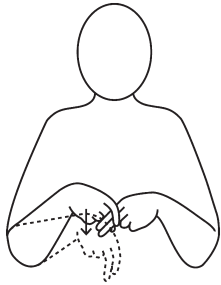
Wellington Boot

Environment and Equipment

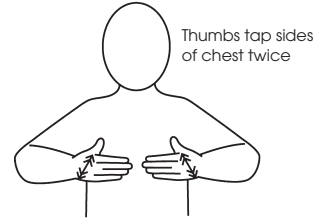


Wheelbarrow

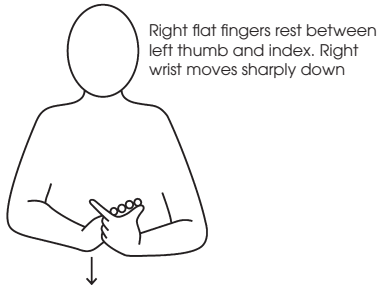
Riding Instructions



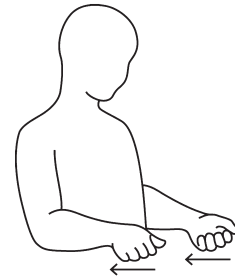
Dismount, To



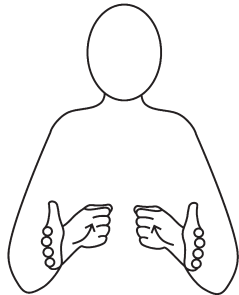
Prepare, To/ Get Ready



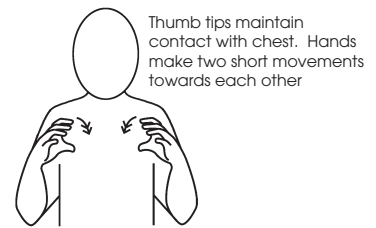
Heels Down



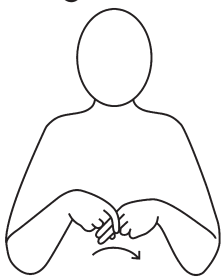
Pull, To (on reins)



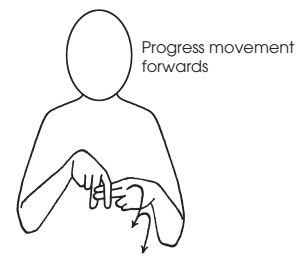
Hold Tight, To (reins)



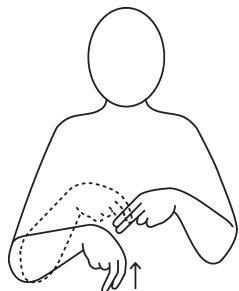
Relax, To



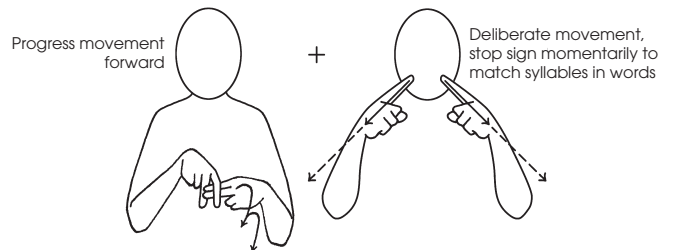
Jump, To (horse/ donkey)



Ride, To (horse/ donkey)



Mount Up, To

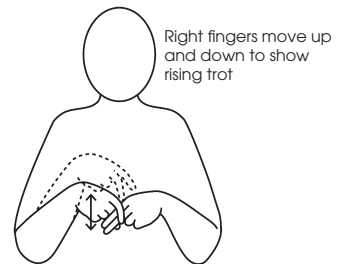


Riding Instructor

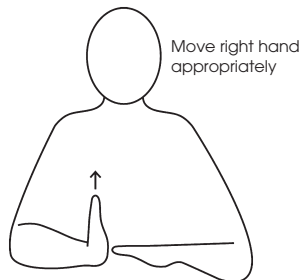
Riding Instructions



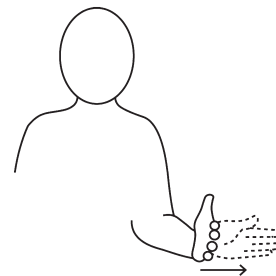
Shorten, To (reins)



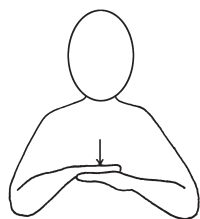
Trot, To



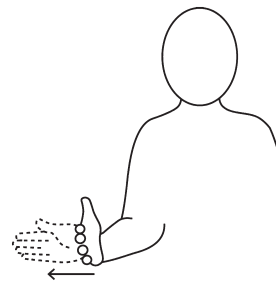
Sit Up Straight, To



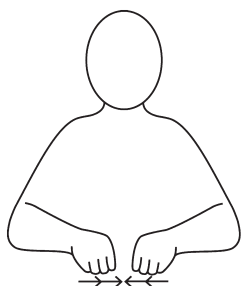
Turn Left, To



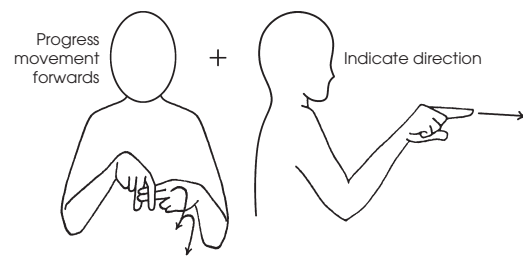
Sit, To



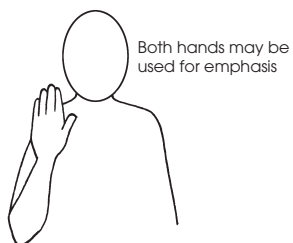
Turn Right, To



Squeeze, To (urge horse/ donkey on)

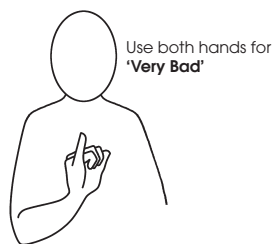


Walk On/ Get Going

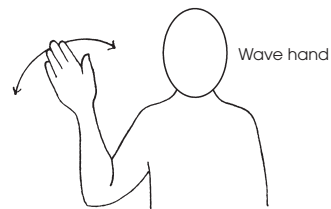


Stop, To (whoa)

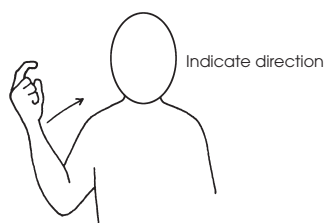
Communication



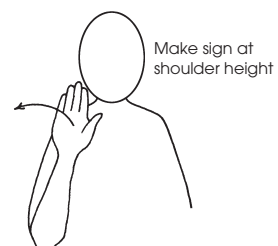
Bad



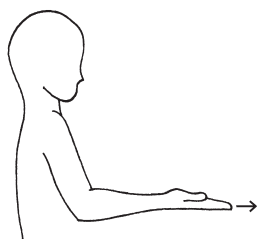
Goodbye



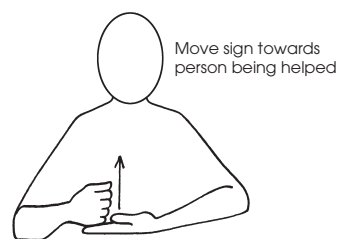
Come, To



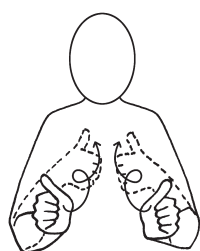
Hello



Feed, To (by hand)



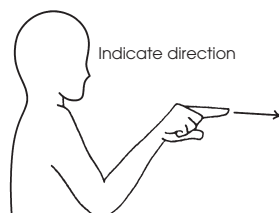
Help, To



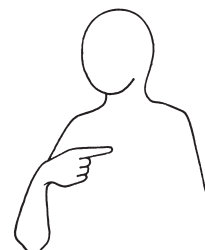
Finish, To



Here



Go, To

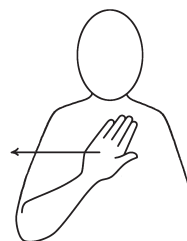


I/ Me

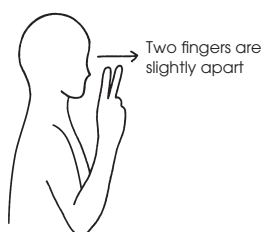
Communication



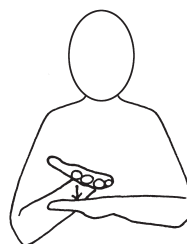
Listen, To



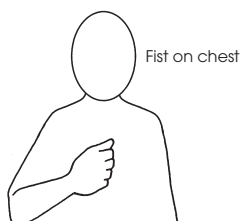
No/ Don't



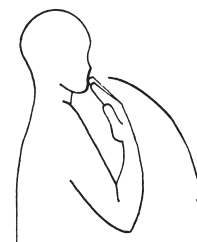
Look, To



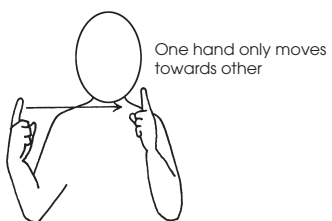
On



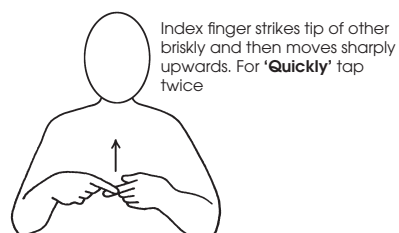
My



Please



Near



Quick

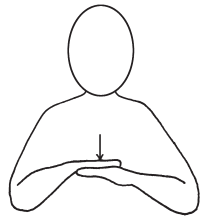


Next

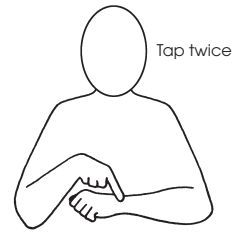


See, To

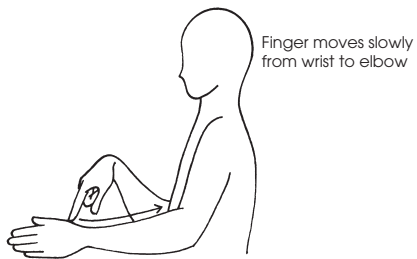
Communication



Sit, To



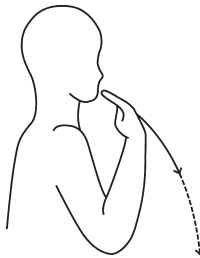
Time



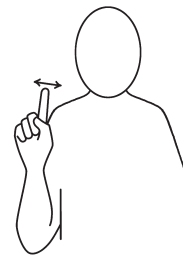
Slow



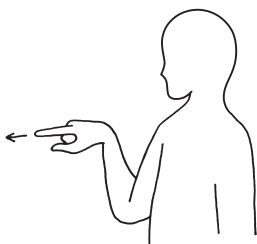
To Wait



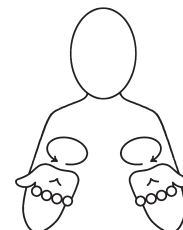
Thank You



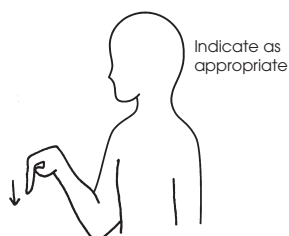
What?



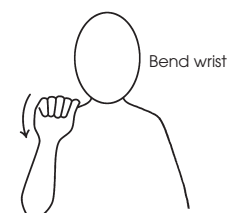
There



Where

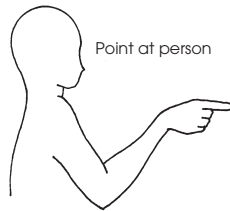


This



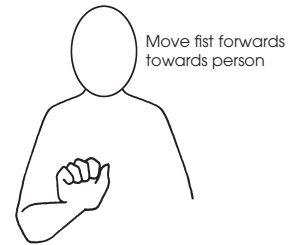
Yes

Communication



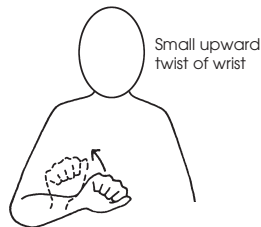
Point at person

You



Move fist forwards towards person

Your

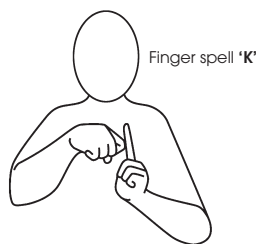


Small upward twist of wrist

Yours

The Use of Finger Spelling with Makaton

Finger spelling is used in a limited way with the Makaton Vocabulary, and is useful for naming. The initial letters of a person's or an animal's name can be finger spelled, for example, for **'Vicky'** finger spell **'V'**, for **'Trigger'** finger spell **'T'**. Finger spelling the initial letter can be used to name places e.g. **'Kitchener Road'**.



Finger spell 'K'

'K' (Kitchener Road)



Finger spell 'V'

'V' (Vicky)



Finger spell 'M'

'M' (Mary)



Finger spell 'T'

'T' (Trigger)

Finger Spelling Chart



A



B



C



D



E



F



G



H



I



J



K



L



M



N



O



P



Q



R



S



T



U



V



W



X

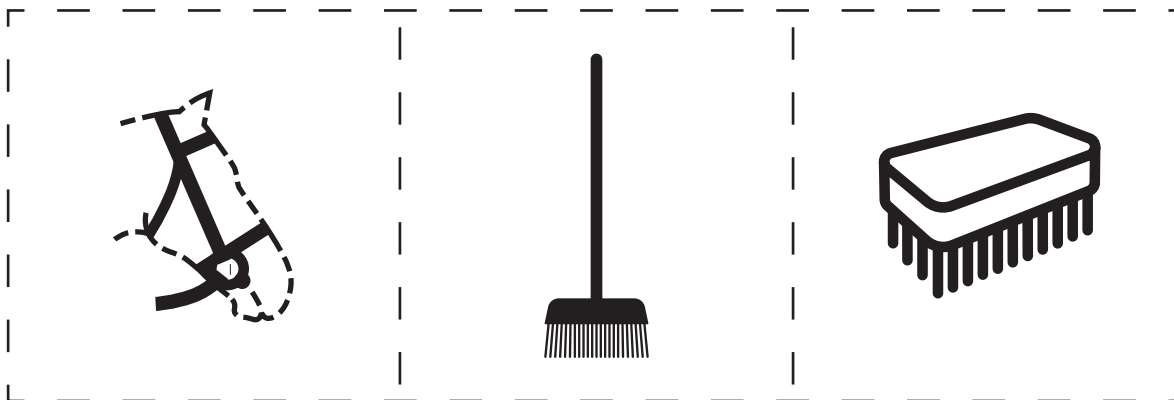


Y



Z

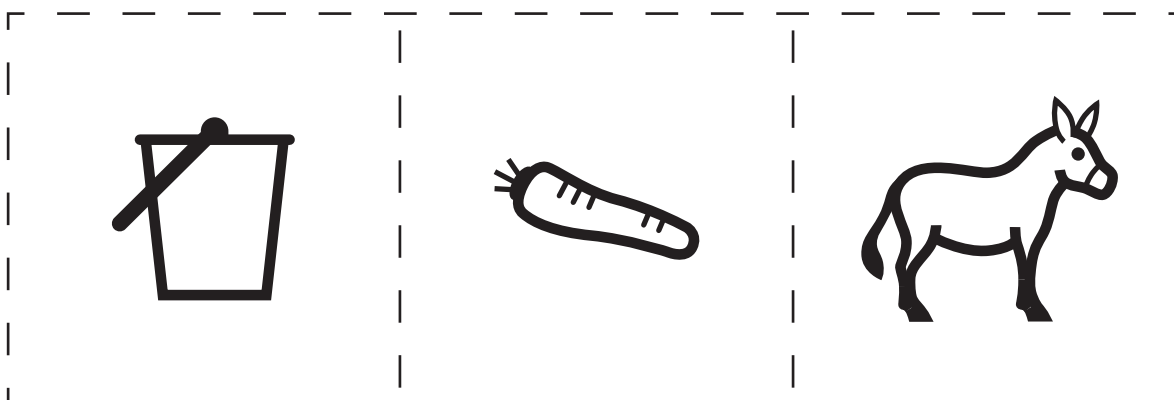
Symbols to Support Communication



Bridle

Broom

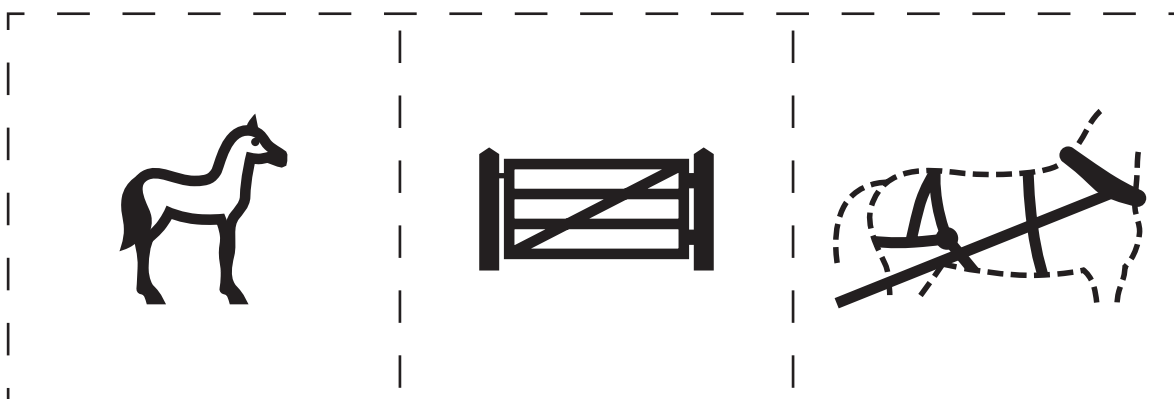
Brush



Bucket

Carrot (2)

Donkey

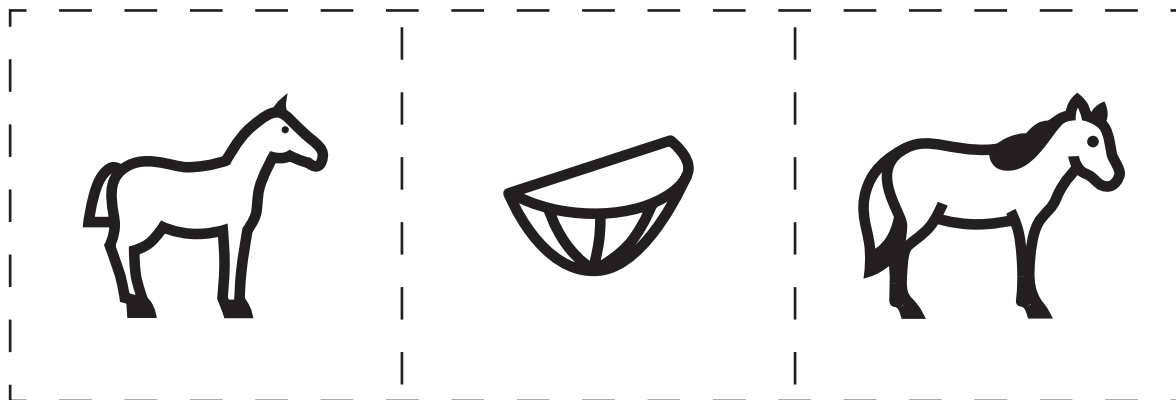


Foil (young horse)

Gate

Harness (horse)

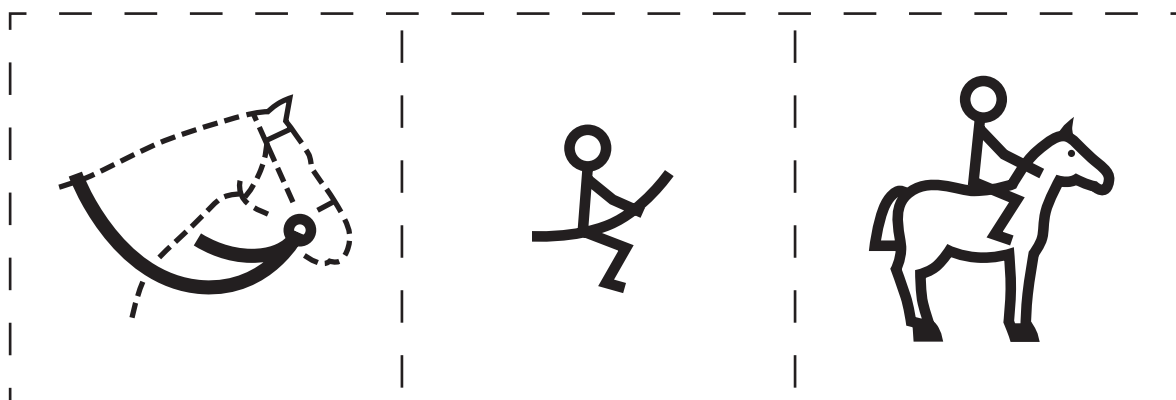
Symbols to Support Communication



Horse

Manger

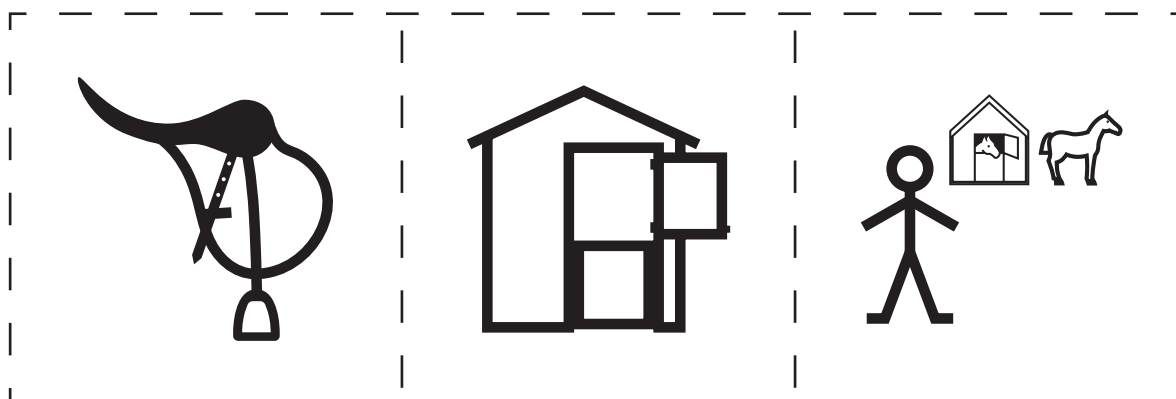
Pony



Reins

To Ride (general)

To Ride (horse)

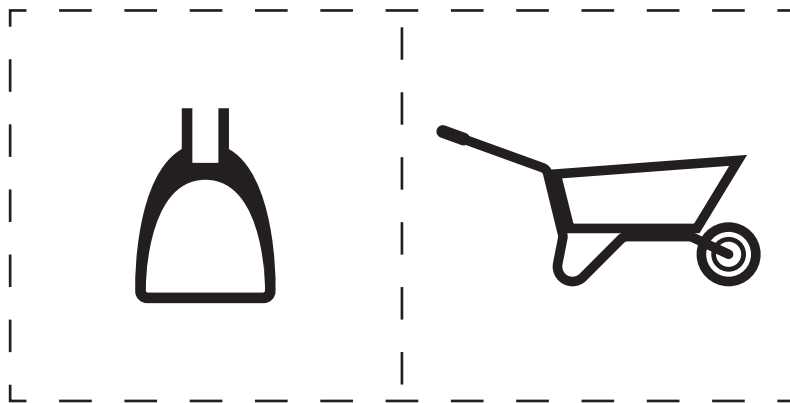


Saddle

Stable

Stable Worker

Symbols to Support Communication



Stirrup

Wheelbarrow