

RDA COACH ASSESSMENT FORM



COACH NAME: _____

GROUP: _____

DATE: _____

Passport seen and up-to-date:

Coaching Module signed as complete:

Y / N / Exempt (Refer to external qualifications document)

Horse Care and Knowledge Module signed as complete:

Y / N / Exempt (Refer to external qualifications document)

Therapy / Medical Module signed as complete:

Y / N / Exempt (Refer to external qualifications document)

Pre-Assessment Checklist certificate seen:

Y / N

Safeguarding Certificate seen:

Y / N

Expiry Date: _____

If "N" has been circled for any of the above the assessment cannot continue.

Only one form needs to be completed after observing both the individual and group session. Group Coaches can be observed taking their usual session.

SESSION OBSERVED:		
Group Session	Y / N	Number of riders
Individual Session	Y / N	
Has Coach attended at least 2 RDA sessions outside of their Group?	Y / N	

To ensure coach is ready for the session / assessment, please confirm:-

Sight of Risk Assessment for the Session: Y / N

You have discussed a Session Plan: Y / N

First Aider Present: Y / N

OBSERVATION/EVIDENCE

 Essential Desirable
NAME OF COACH BEING ASSESSED: _____

Skill Assessment (Coach) ¹	A	C	P	Evidence (MUST be included where action required)	Skill Assessment (Equine) ¹	A	C	P	Evidence (MUST be included where action required)	
Pre Session Checks					General Assessment of Horse					
Plan for a suitable and progressive session	A	C	P		Equine checked for well-being and temperament	A	C	P		
Risk assessment	A	C	P		Equine checked for obvious signs of lameness	A	C	P		
Riders and volunteers welcomed and briefed	A	C	P		Correctly Fitted Tack					
Mounting and Dismounting					Checking of Tack	A	C	P		
Safe and effective mounting/dismount	A	C	P	Tacking up and fit	A	C	P			
Knowledge & Rapport with Riders and Volunteers					Knowledge of Special Equipment	A	C	P		
Preparation and communication	A	C	P		Handling the Equine					
Medical Conditions	A	C	P		Leading the Equine	A	C	P		
Involvement and progression for all	A	C	P		Warming up the Equine	A	C	P		
Coaching Skills						Handling of Equine at mounting/dismounting	A	C	P	
Sessions are learner centred	A	C	P		Observation in Session	A	C	P	Introducing New Equines into Sessions	
Listens/questions to engage & develop riders	A	C	P		Explain how to introduce equine to new equipment/environment	A	C	P		
Encourage and reward positive behaviour	A	C	P		Explain how to introduce an equine into session	A	C	P		
Technical Instruction					CONFIRMED ASSESSMENT STANDARDS MET FOR					
Position and posture	A	C	P		GROUP COACH CERTIFICATE		COACH CERTIFICATE		STANDARDS NOT MET	
Use of aids	A	C	P		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
Equine interaction	A	C	P		ASSESSOR NAME					

¹ A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard (see assessment criteria for details).

All Essentials and at least 3 out of 5 Desirable criteria must be at least Competent standard for Group Coach. For Coach level all criteria must be met with at least 4 skills being Proficient in both the Coach and Equine Section.

NOTES FROM POST ASSESSMENT DISCUSSION

COACH REFLECTIONS

DISCUSSION AND FEEDBACK
From Coach Developer

AGREED DEVELOPMENT PLAN

GOAL	WHAT COACH NEEDS TO DO	SUPPORT NEEDED	TARGET DATE

Signature of Assessor: _____

Name of Assessor: _____

Signature of Coach: _____

Date: _____