

RDA Showjumping Level 2 Coach Assessment Record

The criteria below are to be assessed by a qualified RDA Showjumping Assessor. Coaches and helpers must have attended a showjumping training day prior to the assessment, in order to be well prepared for this level.

Trotting over poles and a jump are introduced at this level, so that each step of the rider's ability can be assessed, to evaluate progression.

| Key Skill Areas | NYC | C |
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| 1. Risk assessment of riding arena, weather conditions etc. | | |
| 2. Check fitting of tack, including specialist equipment and rider clothing etc. | | |
| 3. Warm up the horse or pony (unmounted) in walk/ trot, over poles, a cross pole or a vertical straight bar in trot. The cross pole resting on the wing must not exceed 20" (50cm). If using an upright fence in the warm-up session, the height of the fence must not exceed 6" – 12" (15cm – 30cm) | | |
| 4. Check rider and horse/pony combination | | |
| 5. Improve the rider's control of the horse/pony and teach balance in the jumping position, in walk and trot, on or off the lead rein | | |
| 6. Improve the rider's ability to maintain their balance, position and control of the horse/pony, whilst working over poles placed in straight lines and with changes of direction, either unled or at the third stage of leading. The rider can perform this whilst in the flatwork or jumping position. Once balance is achieved in walk, the rider can advance to trotting. The rider must show/ attempt a light rein contact when working over poles, before progressing | | |
| 7. Once the rider can maintain a balanced jumping position in trot, a jump can be introduced while being led at the third stage. The jump should be a cross pole with the centre no higher than 6" – 12" (15cm – 30cm) and the cross pole resting on the wing must not exceed 20" (50cm). The approach, take-off and landing position of both the leader and rider will be assessed, to ensure that competency is shown | | |
| 8. A second jump can be added on the same side of the arena, or on the other long side, of the same height and design. The design may be adjusted to include a vertical straight bar, and must not exceed 12" (30cm). The rein should be changed to jump in both directions | | |
| 9. Additional jumps of the same height and design may be added to include work across the diagonal, to allow for a change in direction | | |
| 10. Coach the rider to complete a course of five jumps, paying attention to improving the rider's ability to ride correct lines on the approach, and after a fence. Whenever possible, ensure that the rider maintains a balanced jumping position whilst riding over the poles/ jumps | | |
| 11. Maintain the health and safety of all participants (see notes below, regarding cantering) | | |
| 12. The coach's passport and safeguarding certificate have been seen | | |

If the horse or pony canters on the approach to or on landing at each fence, then it is the responsibility of the coach of that session to judge if it is suitable for the activity. Cantering on the approach to a fence equates to Level 3, so coaches are advised to continue to improve the rider's ability to control the horse or pony in trot at this level.

* If riders are competing in level 2 competitions please see the recommendations regarding cantering on the level 2 National Championships judging sheet.

Continued overleaf →

Name:

RDA Group: **Region:**

RDA/BS Qualifications:

Session reviewed: **Number of riders:**

Competent to coach at Level 2? **YES / NO** (please circle as appropriate)

NO: If not yet competent, agree and record future actions overleaf, to achieve competence.

YES: If competence has been shown, comment as appropriate in the coach's passport. A copy of this form should also be included and another copy must be sent straight away to the Coaching Team at RDA National Office.

Only those who have been assessed as competent at leading will have their passport / RDA Green Card signed. This will qualify them to lead in an RDA session.

Name of Assessor:
(RDA Showjumping Assessor)

Signed:

Date:

Assessor comments, advice and guidance: