## **RDA VAULTING COACH ASSESSMENT FORM**



## COACH NAME:\_\_\_\_\_

GROUP:

DATE:

- Therapy and Medical **Y** / **N**
- Horse Care and Knowledge **Y** / **N**
- Coaching in Vaulting Session **Y / N**
- Pre-Assessment Checklist **Y / N**
- Lunging Certificate **Y** / **N**
- Barrel Coach Certificate **Y / N**
- Safeguarding Y / N Expiry Date\_\_\_\_\_

## If "N" has been circled for any of the above the assessment cannot continue.

To ensure coach is ready for the session/assessment, please confirm:-

Sight of Risk Assessment for the Session:	Y / N
You have discussed a Session Plan:	Y / N
First Aider Present:	Y / N
Equine is fit for session and tacked up correctly	Y / N

<sup>1</sup> A: Action required as falls below competent standard, C: Competent, meets standard, P: Proficient, exceeds standard (see assessment criteria for details).

## NAME OF COACH BEING ASSESSED:

Skill Assessment (Coach) <sup>1</sup>	A	C	Ρ	Evidence (MUST be included where action required)	Skill Assessment (Equine) <sup>1</sup>	A	C	Ρ	Evidence (MUST be included where action required)
Pre Sessior	h Che	ecks	5		General Asse	essm	ent	of H	огѕе
Plan for a suitable and progressive session	Α	C	Ρ		Equine checked for well- being and temperament	Α	C	Ρ	
Mounting and Dismounting					Equine checked for obvious signs of lameness	Α	C	Ρ	
Safe mounting and dismounting	Α	С	Ρ		Correctly Fit	ted V	'aul	ting	Tack
Mayat ta basis soat	•	С	Р		_				
Mount to basic seat	Α	L	P		Checking of tack	Α	С	Р	
Knowledge & Rapport	wit	h Va			Tacking up and fit	A	C	P	
Knowledge & Rapport with Vaulters and Volunteers							C	Г	
Leadership	Α	C	Ρ		Handlin	g the	Eq	uine	
Preparation and communication	Α	С	Ρ		Leading the Equine	Α	C	Ρ	
Medical Conditions	Α	С	Ρ		Warming up the Equine	Α	С	Ρ	
Volunteer Involvement	Α	С	Ρ		Handling of Equine at	Α	С	Ρ	
					mounting/dismounting				
Coaching Skills					Observation in Session	Α	С	Ρ	
Sessions are learner centered A C P				Introducing New	Equi	nes	into	Sessions	
Listens/questions to engage & develop Vaulters	Α	С	Ρ		Explain how to introduce equine to new equipment/environment	Α	C	Ρ	
Encourage and reward positive behaviour	Α	C	Ρ		Explain how to introduce an equine into session	Α	C	Ρ	
Technical Instruction			CONFIRMED ASSESSMENT STAND	ARD:	5 M	ET FO	OR:		
Position and posture	Α	С	Ρ						
Warm up and Cool Down	Α	С	Ρ		Vaulting Coach:	No	t at	Star	ndard:
Compulsory Exercises	Α	С	Ρ						
Freestyle	Α	С	Ρ		ASSESSOR NAME:				

NOTES FROM POST ASSESSMENT DISCUSSION						
COACH REFLECTIONS						
DISCUSSION AND FEEDBACK From Coach Developer						
AGREED DEVELOPMENT PLAN						
GOAL	WHAT COACH NEEDS TO DO	SUPPORT NEEDED	TARGET DATE			

Signature of Assessor:	Name ofAssessor:
Signature of Coach:	Date: